

ALBANY ATHLETICS CLUB TRACK FIELD 2013/14

Date	Name	Time	Dist/Height	WAVA Event	Age	M/F	WAVA%	Rec
23/10/2013	Paul Blechynden	0.07:14.87		2km	44	M	71.03	
23/10/2013	Samuel Blechynden	0.08:02.46		2km	15	M	63.35	
23/10/2013	Mark Weaver	0.09:28.76		2km	50	M	56.93	
23/10/2013	Daniel Blechynden	0.07:18.72		2km	18	M	66.75	
23/10/2013	Chris Fry	0.08:36.76		2km	57	M	66.40	
23/10/2013	Trevor Robertson	0.08:39.04		2km	52	M	63.40	
23/10/2013	Carey Dickason	0.10:51.56		2km	62	F	68.89	
23/10/2013	Karen Douglas	0.13:46.63		2km	55	F	49.13	
23/10/2013	Janet Scanlan	0.11:50.12		2km	45	F	50.35	
23/10/2013	Barbara Wilson	0.00:12.06		60m	62	F	74.59	
23/10/2013	Carey Dickason	0.00:13.02		60m	62	F	69.09	
23/10/2013	Karen Douglas	0.00:13.66		60m	55	F	61.64	
23/10/2013	Karen Douglas		5.11	Shotput	55	F	34.30	
23/10/2013	Barbara Wilson		6.68	Shotput	62	F	51.70	
23/10/2013	Carey Dickason		5.44	Shotput	62	F	42.10	
23/10/2013	Peter Muller		6.84	Shotput	74	M	43.16	
23/10/2013	Carey Dickason		2.01	LongJump	62	F	40.28	
23/10/2013	Barbara Wilson		2.73	LongJump	62	F	54.71	
26/10/2013	Peter Muller		22.76	Discus	74	M	48.38	
30/10/2013	Karen Douglas	0.00:56.94		200m	55	F	47.21	
30/10/2013	Brenda Painter	0.00:43.82		200m	68	F	69.74	
30/10/2013	Carey Dickason	0.00:49.77		200m	62	F	57.97	
30/10/2013	Carey Dickason	0.11:37.07		1500mWalk	62	F	60.89	
30/10/2013	Ian Dougan	0.11:38.37		1500mWalk	58	M	54.52	
30/10/2013	Peter Muller	0.08:01.41		1500m	74	M	61.75	
30/10/2013	David Willmer	0.06:18.34		1500m	59	M	67.05	
30/10/2013	Ian Dougan	0.06:40.61		1500m	58	M	62.77	
30/10/2013	Chris Fry	0.06:42.93		1500m	57	M	61.88	
30/10/2013	Mark Weaver	0.07:15.02		1500m	50	M	54.09	
30/10/2013	John Dickason	0.07:57.55		1500m	62	M	54.54	
30/10/2013	Carey Dickason	0.08:00.02		1500m	62	F	68.00	
30/10/2013	Rick Mantell	0.08:01.36		1500m	54	M	50.51	
30/10/2013	Karen Douglas	0.10:08.76		1500m	55	F	48.53	
30/10/2013	Carey Dickason		0.95	HighJump	62	F	66.90	
30/10/2013	Barbara Wilson		0.90	HighJump	62	F	63.38	
30/10/2013	Brenda Painter		0.90	HighJump	68	F	69.77	
30/10/2013	Karen Douglas		8.69	Javelin	55	F	18.39	
30/10/2013	Barbara Wilson		17.00	Javelin	62	F	42.48	
30/10/2013	Carey Dickason		11.66	Javelin	62	F	29.14	
30/10/2013	Peter Muller		19.65	Javelin	74	M	38.93	
6/11/2013	Ian Dougan	0.14:22.33		3km	58	M	62.35	
6/11/2013	Mark Weaver	0.14:06.56		3km	50	M	59.42	
6/11/2013	Rick Mantell	0.17:06.80		3km	54	M	50.62	
6/11/2013	Carey Dickason	0.16:24.94		3km	62	F	70.49	
6/11/2013	Karen Douglas	0.22:02.50		3km	55	F	47.49	
2/11/2013	Peter Muller		19.97	Javelin	74	M	39.56	
13/11/2013	Brenda Painter	0.00:11.00		60m	68	F	86.31	
13/11/2013	Karen Douglas	0.00:13.58		60m	55	F	62.00	
13/11/2013	Peter Muller	0.01:32.26		400m	74	M	69.05	
13/11/2013	Brenda Painter	0.02:23.58		400m	68	F	48.58	
13/11/2013	Karen Douglas		4.89	Shotput	55	F	32.83	
13/11/2013	John Dickason		7.97	Shotput	62	M	46.33	
13/11/2013	Peter Muller		6.90	Shotput	74	M	43.54	

## ALBANY ATHLETICS CLUB TRACK FIELD 2013/14

Date	Name	Time	Dist/Height	WAVA Event	Age	M/F	WAVA%	Rec
13/11/2013	Brenda Painter		2.51	LongJump	68	F	56.03	
13/11/2013	David Willmer	0.16:52.96		4km	59	M	72.77	
13/11/2013	Chris Fry	0.19:50.90		4km	57	M	60.84	
13/11/2013	Simon Fretton	0.20:21.54		4km	57	M	59.31	
13/11/2013	Ian Dougan	0.20:45.22		4km	58	M	58.68	
13/11/2013	Mark Weaver	0.20:45.86		4km	50	M	54.87	
13/11/2013	John Dickason	0.21:58.00		4km	62	M	57.42	
13/11/2013	Rick Mantell	0.23:02.07		4km	54	M	51.11	
13/11/2013	Janet Scanlan	0.24:28.31		4km	45	F	50.96	
13/11/2013	Linda Mettam	0.24:30.01		4km	48	F	52.80	
13/11/2013	Craig Shiel	0.28:11.47		4km	59	M	43.58	
13/11/2013	Karen Douglas	0.29:21.60		4km	55	F	48.27	
20/11/2013	Greg Vander Sanden		1.35	HighJump	55	M	71.34	Rec
20/11/2013	Karen Douglas		8.55	Javelin	55	F	18.10	
20/11/2013	Carey Dickason		14.15	Javelin	62	F	35.36	
20/11/2013	Peter Muller		21.20	Javelin	74	M	42.00	
20/11/2013	Greg Vander Sanden		19.02	Javelin	55	M	27.15	
20/11/2013	Karen Douglas	0.00:55.08		200m	55	F	48.80	
20/11/2013	Carey Dickason	0.00:48.78		200m	62	F	59.15	
20/11/2013	Peter Muller	0.00:41.66		200m	74	M	65.89	
20/11/2013	Karen Douglas	0.09:49.82		1500m	55	F	50.09	
20/11/2013	Carey Dickason	0.07:54.77		1500m	62	F	68.75	
20/11/2013	Peter Muller	0.07:57.64		1500m	74	M	62.24	
20/11/2013	Mark Weaver	0.07:35.88		1500m	50	M	51.61	
20/11/2013	Greg Vander Sanden	0.20:57.32		5km	55	M	71.72	
20/11/2013	Ian Dougan	0.23:43.00		5km	58	M	65.00	
20/11/2013	Mark Weaver	0.24:45.31		5km	50	M	58.27	
20/11/2013	Simon Fretton	0.25:58.96		5km	58	M	59.33	
20/11/2013	John Dickason	0.28:58.79		5km	62	M	55.09	
20/11/2013	Linda Mettam	0.30:55.48		5km	48	F	52.70	
20/11/2013	Janet Scanlan	0.31:40.81		5km	45	F	49.61	
20/11/2013	Craig Shiel	0.34:01.76		5km	59	M	45.70	
23/11/2013	Peter Muller		19.93	Javelin	74	M	39.48	
27/11/2013	Karen Douglas	0.13:36.34		2km	55	F	49.75	
27/11/2013	John Dickason	0.28:20.82		5km	62	M	56.32	
27/11/2013	Janet Scanlan	0.30:59.06		5km	45	F	50.72	
27/11/2013	Linda Mettam	0.31:02.52		5km	48	F	52.50	
27/11/2013	Paul Blechynden	0.39:48.72		10km	45	M	72.69	
27/11/2013	Greg Vander Sanden	0.43:16.88		10km	55	M	72.47	
27/11/2013	David Willmer	0.46:27.67		10km	59	M	69.86	
27/11/2013	Simon Fretton	0.48:03.61		10km	58	M	66.95	
27/11/2013	Ian Dougan	0.49:01.37		10km	58	M	65.64	
27/11/2013	Mark Weaver	0.51:50.26		10km	50	M	58.08	Rec
27/11/2013	Carey Dickason	0.59:02.27		10km	62	F	68.80	
27/11/2013	Carey Dickason		5.15	TripleJump	62	F	51.45	
27/11/2013	Brenda Painter		5.91	TripleJump	69	F	66.78	
27/11/2013	Peter Muller		5.96	TripleJump	74	M	58.15	
27/11/2013	Greg Vander Sanden		8.79	TripleJump	55	M	62.52	
27/11/2013	Karen Douglas		10.18	Discus	55	F	19.02	
27/11/2013	Barbara Wilson		15.16	Discus	62	F	32.86	
27/11/2013	Carey Dickason		13.68	Discus	62	F	29.66	
27/11/2013	Peter Muller		22.55	Discus	74	M	47.94	
27/11/2013	John Dickason		24.66	Discus	62	M	38.99	

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Date	Name	Time	Dist/Height	WAVA Event	Age	M/F	WAVA%	Rec
27/11/2013	Greg Vander Sanden		21.67	Discus	55	M	32.13	
27/11/2013	Brenda Painter	0.00:19.20		100m	69	F	76.52	
27/11/2013	Peter Muller	0.00:18.94		100m	74	M	68.83	
27/11/2013	Carey Dickason	0.00:22.16		100m	62	F	62.25	
27/11/2013	Karen Douglas	0.00:24.02		100m	55	F	53.74	
16/11/2013	Peter Muller		23.44	Discus	74	M	49.83	
30/11/2013	Peter Muller		21.89	Discus	74	M	46.53	
4/12/2013	Greg Vander Sanden	0.07:15.90		2km	55	M	77.39	Rec
4/12/2013	Paul Blechynden	0.07:09.17		2km	45	M	72.52	
4/12/2013	David Willmer	0.08:22.72		2km	59	M	69.44	
4/12/2013	Mark Weaver	0.09:20.39		2km	50	M	57.78	
4/12/2013	Simon Fretton	0.09:04.43		2km	58	M	63.56	
4/12/2013	Rick Mantell	0.10:21.86		2km	54	M	53.80	
4/12/2013	John Dickason	0.10:28.97		2km	62	M	56.98	
4/12/2013	Ian Dougan	0.08:58.52		2km	58	M	64.26	
4/12/2013	Carey Dickason	0.10:41.72		2km	62	F	69.94	
4/12/2013	Janet Scanlan	0.11:46.57		2km	45	F	50.60	
4/12/2013	Karen Douglas	0.13:08.56		2km	55	F	51.50	
4/12/2013	Craig Shiel	0.12:47.19		2km	59	M	45.50	
4/12/2013	Brenda Painter		2.62	LongJump	69	F	59.55	
4/12/2013	Carey Dickason		2.37	LongJump	62	F	47.49	
4/12/2013	Peter Muller		3.01	LongJump	74	M	61.20	
4/12/2013	Craig Shiel		3.87	LongJump	59	M	61.41	
4/12/2013	Greg Vander Sanden	0.00:08.77		60m	55	M	85.28	Rec
4/12/2013	Peter Muller	0.00:11.03		60m	74	M	76.95	
4/12/2013	Brenda Painter	0.00:11.24		60m	69	F	85.21	
4/12/2013	Carey Dickason	0.00:12.79		60m	62	F	70.33	
4/12/2013	Karen Douglas	0.00:13.14		60m	55	F	64.08	
4/12/2013	Mark Weaver	0.01:40.68		400m	50	M	49.20	
4/12/2013	Peter Muller	0.01:33.48		400m	74	M	68.15	
4/12/2013	Carey Dickason	0.01:49.10		400m	62	F	59.50	
4/12/2013	Karen Douglas		5.28	Shotput	55	F	35.44	
4/12/2013	Carey Dickason		5.73	Shotput	62	F	44.35	
4/12/2013	Barbara Wilson		7.15	Shotput	62	F	55.34	
4/12/2013	Craig Shiel		8.48	Shotput	59	M	51.24	
4/12/2013	Greg Vander Sanden		7.38	Shotput	55	M	40.65	
4/12/2013	John Dickason		7.72	Shotput	62	M	44.87	
4/12/2013	Peter Muller		6.65	Shotput	74	M	41.96	
11/12/2013	Greg Vander Sanden	0.05:12.97		1500m	55	M	78.33	
11/12/2013	Mark Weaver	0.06:51.31		1500m	50	M	57.20	
11/12/2013	Chris Fry	0.06:54.94		1500m	57	M	60.09	
11/12/2013	Carey Dickason	0.07:31.34		1500m	62	F	72.32	Rec
11/12/2013	John Dickason	0.07:43.33		1500m	62	M	56.21	
11/12/2013	Rick Mantell	0.07:44.42		1500m	54	M	52.35	
11/12/2013	Craig Shiel	0.09:16.78		1500m	59	M	45.56	
11/12/2013	Karen Douglas	0.09:36.37		1500m	55	F	51.26	
11/12/2013	Karen Douglas		8.61	Javelin	55	F	18.22	
11/12/2013	Barbara Wilson		17.31	Javelin	62	F	43.25	
11/12/2013	Carey Dickason		15.10	Javelin	62	F	37.73	
11/12/2013	Greg Vander Sanden		19.12	Javelin	55	M	27.30	
11/12/2013	Peter Muller		21.16	Javelin	74	M	41.92	
11/12/2013	Carey Dickason		1.00	HighJump	62	F	70.42	
11/12/2013	Brenda Painter		0.95	HighJump	69	F	75.40	
11/12/2013	Greg Vander Sanden		1.41	HighJump	55	M	74.51	Rec
11/12/2013	Peter Muller		1.00	HighJump	74	M	67.43	

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Date	Name	Time	Dist/Height	WAVA Event	Age	M/F	WAVA%	Rec
11/12/2013	Brenda Painter	0.00:43.26		200m	69	F	71.31	
11/12/2013	Peter Muller	0.00:41.08		200m	74	M	66.82	
11/12/2013	Carey Dickason	0.00:50.68		200m	62	F	56.93	
18/12/2013	Carey Dickason		5.73	TripleJump	62	F	57.24	
18/12/2013	Barbara Wilson		7.01	TripleJump	62	F	70.03	
18/12/2013	Peter Muller		6.71	TripleJump	74	M	65.46	
18/12/2013	Paul Blechynden	0.05:33.06		1Mile	45	M	73.45	
18/12/2013	Greg Vander Sanden	0.05:33.06		1Mile	55	M	79.61	Rec
18/12/2013	Mark Weaver	0.07:18.25		1Mile	50	M	58.07	
18/12/2013	Carey Dickason	0.08:22.57		1Mile	62	F	70.19	
18/12/2013	John Dickason	0.08:17.58		1Mile	63	M	57.12	
18/12/2013	Peter Muller	0.08:16.10		1Mile	74	M	64.81	IRec
18/12/2013	Karen Douglas	0.10:29.00		1Mile	56	F	51.45	
18/12/2013	David Willmer	0.06:43.97		1Mile	59	M	67.92	
18/12/2013	Karen Douglas		10.28	Discus	56	F	19.59	
18/12/2013	Barbara Wilson		15.56	Discus	62	F	33.73	
18/12/2013	John Dickason		25.22	Discus	63	M	40.74	
18/12/2013	Peter Muller		24.23	Discus	74	M	51.51	
18/12/2013	Greg Vander Sanden	0.00:12.78		100yds	55	M	88.73	Rec
18/12/2013	Peter Muller	0.00:16.69		100yds	74	M	78.11	
18/12/2013	Barbara Wilson	0.00:17.80		100yds	62	F	77.50	
18/12/2013	Carey Dickason	0.00:19.96		100yds	62	F	69.12	
18/12/2013	Karen Douglas	0.00:20.99		100yds	56	F	62.08	
8/01/2014	Jed Wolfe		2.33	LongJump	14	M	31.32	
8/01/2014	Zoe Wolfe		3.67	LongJump	16	F	54.86	
8/01/2014	Barbara Wilson		3.02	LongJump	62	F	60.52	
8/01/2014	Carey Dickason		2.32	LongJump	62	F	46.49	
8/01/2014	Brenda Painter		2.58	LongJump	69	F	58.64	
8/01/2014	Peter Muller		2.87	LongJump	75	M	59.47	IRec
8/01/2014	Mike Edwards		2.71	LongJump	57	M	41.78	
8/01/2014	Jed Wolfe	0.00:10.16		60m	14	M	68.41	
8/01/2014	Zoe Wolfe	0.00:08.95		60m	16	F	79.03	
8/01/2014	Carey Dickason	0.00:13.04		60m	62	F	68.98	
8/01/2014	Brenda Painter	0.00:10.74		60m	69	F	89.18	
8/01/2014	Barbara Wilson	0.00:11.14		60m	62	F	80.75	
8/01/2014	Peter Muller	0.00:11.46		60m	75	M	74.60	IRec
8/01/2014	Jed Wolfe	0.01:25.55		400m	14	M	55.13	
8/01/2014	Zoe Wolfe	0.01:18.93		400m	16	F	64.41	
8/01/2014	Carey Dickason	0.01:43.65		400m	62	F	62.63	
8/01/2014	Jed Wolfe		5.75	Shotput	14	M	33.64	
8/01/2014	Zoe Wolfe		5.81	Shotput	16	F	32.15	
8/01/2014	Barbara Wilson		6.89	Shotput	62	F	53.33	
8/01/2014	Carey Dickason		5.60	Shotput	62	F	43.34	
8/01/2014	John Dickason		8.30	Shotput	63	M	49.69	
8/01/2014	Craig Shiel		8.98	Shotput	59	M	54.26	Rec
8/01/2014	Peter Muller		7.21	Shotput	75	M	46.91	IRec
8/01/2014	Greg Vander Sanden		7.11	Shotput	55	M	39.17	
8/01/2014	Mike Edwards		6.93	Shotput	57	M	39.94	
8/01/2014	Amber Vander Sanden		8.03	Shotput	23	F	35.48	
8/01/2014	Greg Vander Sanden	0.10:59.87		3km	55	M	79.43	Rec
8/01/2014	David Willmer	0.12:33.78		3km	59	M	71.95	
8/01/2014	Chris Fry	0.14:07.06		3km	57	M	62.93	
8/01/2014	Mark Weaver	0.14:16.42		3km	50	M	58.74	
8/01/2014	Ian Dougan	0.14:19.74		3km	58	M	62.53	
8/01/2014	Trevor Robertson	0.14:54.00		3km	53	M	57.66	
8/01/2014	John Dickason	0.16:15.73		3km	63	M	57.58	
8/01/2014	Carey Dickason	0.16:42.56		3km	62	F	69.25	
15/01/2014	Greg Vander Sanden	0.15:00.46		4km	55	M	79.11	Rec
15/01/2014	Paul Blechynden	0.15:18.37		4km	45	M	71.56	
15/01/2014	David Willmer	0.17:26.21		4km	59	M	70.45	
15/01/2014	Ian Dougan	0.18:53.45		4km	58	M	64.47	
15/01/2014	Chris Fry	0.19:51.41		4km	57	M	60.81	

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Date	Name	Time	Dist/Height	WAVA Event	Age	M/F	WAVA%	Rec
15/01/2014	Carey Dickason	0.22:50.02		4km	62	F	68.61	
15/01/2014	Simon Fretton	0.23:59.60		4km	58	M	50.76	
15/01/2014	Karen Douglas	0.14:05.00		2km	56	F	48.72	
15/01/2014	Craig Shiel	0.14:18.00		2km	59	M	40.68	
15/01/2014	Zoe Wolfe	0.00:30.41		200m	16	F	73.65	
15/01/2014	Jed Wolfe	0.00:40.08		200m	14	M	52.82	
15/01/2014	Carey Dickason	0.00:48.07		200m	62	F	60.02	
15/01/2014	Karen Douglas	0.00:49.24		200m	56	F	55.15	
15/01/2014	Barbara Wilson		16.90	Javelin	62	F	42.23	
15/01/2014	Carey Dickason		12.35	Javelin	62	F	30.86	
15/01/2014	Jed Wolfe		8.65	Javelin	14	M	12.95	
15/01/2014	Zoe Wolfe		10.80	Javelin	16	F	20.63	
15/01/2014	Karen Douglas		9.20	Javelin	56	F	20.00	
15/01/2014	Craig Shiel		23.15	Javelin	59	M	35.90	
15/01/2014	Greg Vander Sanden		21.68	Javelin	55	M	30.95	
15/01/2014	Carey Dickason		1.00	HighJump	62	F	70.42	
15/01/2014	Zoe Wolfe		1.18	HighJump	16	F	61.46	
15/01/2014	Greg Vander Sanden		1.45	HighJump	55	M	76.63	Rec
22/01/2014	Greg Vander Sanden	0.22:52.70		5km	55	M	65.69	
22/01/2014	Mark Weaver	0.25:04.39		5km	50	M	57.53	
22/01/2014	Chris Fry	0.26:03.69		5km	57	M	58.65	
22/01/2014	John Dickason	0.28:22.20		5km	63	M	56.78	
22/01/2014	Carey Dickason	0.28:41.91		5km	62	F	68.79	
22/01/2014	Simon Fretton	0.29:49.85		5km	58	M	51.68	
22/01/2014	Janet Scanlan	0.31:58.41		5km	45	F	49.15	
22/01/2014	Rob Redhead		18.69	Discus	39	M	25.23	
22/01/2014	Barbara Wilson		15.67	Discus	62	F	33.97	
22/01/2014	Carey Dickason		12.88	Discus	62	F	27.92	
22/01/2014	John Dickason		23.38	Discus	63	M	37.77	
22/01/2014	Greg Vander Sanden		22.40	Discus	55	M	33.21	
22/01/2014	Rob Redhead		8.69	TripleJump	39	M	50.35	
22/01/2014	Carey Dickason		5.26	TripleJump	62	F	52.55	
22/01/2014	Brenda Painter		6.14	TripleJump	69	F	69.38	
22/01/2014	Barbara Wilson		6.91	TripleJump	62	F	69.03	
22/01/2014	Greg Vander Sanden		8.60	TripleJump	55	M	61.17	
22/01/2014	Rob Redhead	0.00:15.14		100m	39	M	67.25	
22/01/2014	Brenda Painter	0.00:19.04		100m	69	F	77.16	
22/01/2014	Carey Dickason	0.00:23.70		100m	62	F	58.21	
29/01/2014	Brenda Painter		2.30	LongJump	69	F	52.27	
29/01/2014	Greg Vander Sanden		3.83	LongJump	55	M	57.42	
29/01/2014	Rob Redhead		7.04	Shotput	39	M	31.11	
29/01/2014	Karen Douglas		5.28	Shotput	56	F	36.14	
29/01/2014	Greg Vander Sanden		7.33	Shotput	55	M	40.38	
29/01/2014	Carey Dickason		5.50	Shotput	62	F	42.57	
29/01/2014	Craig Shiel		8.94	Shotput	59	M	54.02	
29/01/2014	John Dickason		8.31	Shotput	63	M	49.75	
29/01/2014	Greg Vander Sanden	0.00:08.65		60m	55	M	86.46	Rec
29/01/2014	Brenda Painter	0.00:11.18		60m	69	F	85.67	
29/01/2014	Karen Douglas	0.00:12.92		60m	56	F	65.78	
29/01/2014	Brenda Painter	0.02:07.62		400m	69	F	55.53	
29/01/2014	Karen Douglas	0.02:07.62		400m	56	F	48.21	
29/01/2014	Greg Vander Sanden	0.42:34.10		10km	55	M	73.69	
29/01/2014	Ian Dougan	0.49:27.10		10km	58	M	65.07	
29/01/2014	Mark Weaver	0.53:21.20		10km	50	M	56.43	
29/01/2014	Simon Fretton	0.57:10.30		10km	58	M	56.28	
29/01/2014	Chris Fry	0.57:11.05		10km	57	M	55.79	
29/01/2014	John Dickason	0.28:15.70		5km	63	M	57.00	
29/01/2014	Craig Shiel	0.21:03.60		3km	59	M	42.92	
5/02/2014	Brenda Painter		0.95	HighJump	69	F	75.40	
5/02/2014	Peter Muller		1.05	HighJump	75	M	71.84	IRec
5/02/2014	Barbara Wilson		16.16	Javelin	62	F	40.38	
5/02/2014	Carey Dickason		13.56	Javelin	62	F	33.88	

ALBANY ATHLETICS CLUB TRACK FIELD 2013/14

Date	Name	Time	Dist/Height	WAVA Event	Age	M/F	WAVA%	Rec
5/02/2014	Brenda Painter		11.67	Javelin	69	F	34.60	
5/02/2014	Peter Muller		22.71	Javelin	75	M	46.35	IRec
5/02/2014	Karen Douglas		9.50	Javelin	56	F	20.65	
5/02/2014	Greg Vander Sanden		20.42	Javelin	55	M	29.15	
5/02/2014	Brenda Painter	0.00:45.37		200m	69	F	67.99	
5/02/2014	Karen Douglas	0.00:54.19		200m	56	F	50.11	
5/02/2014	Peter Muller	0.00:41.93		200m	75	M	66.54	IRec
5/02/2014	Greg Vander Sanden	0.00:28.37		200m	55	M	81.80	Rec
5/02/2014	Greg Vander Sanden	0.05:32.73		1500m	55	M	73.68	
5/02/2014	Chris Fry	0.06:43.66		1500m	57	M	61.77	
5/02/2014	John Dickason	0.07:56.06		1500m	63	M	55.20	
5/02/2014	Peter Muller	0.07:57.28		1500m	75	M	63.34	IRec
5/02/2014	Linda Mettam	0.09:08.83		1500m	48	F	49.16	
5/02/2014	Karen Douglas	0.09:47.57		1500m	56	F	50.97	
5/02/2014	Kath Hannig	0.11:23.76		1500m	73	F	57.17	
29/01/2014	Barbara Wilson		7.25	Shotput	62	F	56.11	
29/01/2014	Barbara Wilson		3.18	LongJump	62	F	63.73	
8/02/2014	Peter Muller		23.58	Discus	75	M	51.62	
12/02/2014	Jed Wolfe		16.46	Discus	14	M	33.13	
12/02/2014	Karen Douglas		9.78	Discus	56	F	18.64	
12/02/2014	Craig Shiel		24.41	Discus	59	M	40.12	
12/02/2014	Barbara Wilson		15.23	Discus	62	F	33.02	
12/02/2014	Carey Dickason		14.10	Discus	62	F	30.57	
12/02/2014	Peter Muller		24.54	Discus	75	M	53.72	IRec
12/02/2014	Zoe Wolfe		8.79	TripleJump	16	F	65.21	
12/02/2014	Rob Redhead		8.69	TripleJump	40	M	50.94	
12/02/2014	Barbara Wilson		6.94	TripleJump	62	F	69.33	
12/02/2014	Peter Muller		6.29	TripleJump	75	M	62.59	IRec
12/02/2014	Zoe Wolfe	0.00:14.77		100m	16	F	73.70	
12/02/2014	Jed Wolfe	0.00:18.13		100m	14	M	58.36	
12/02/2014	Peter Muller	0.00:19.53		100m	75	M	67.59	IRec
12/02/2014	Rob Redhead	0.00:15.10		100m	40	M	67.93	
12/02/2014	Karen Douglas	0.00:22.76		100m	56	F	57.25	
12/02/2014	Ian Dougan	0.08:55.35		2km	59	M	65.20	
12/02/2014	Gavin Evans	0.11:11.11		2km	61	M	52.93	
12/02/2014	Mark Weaver	0.09:34.94		2km	50	M	56.31	
12/02/2014	Simon Fretton	0.08:59.63		2km	58	M	64.13	
12/02/2014	Rob Redhead	0.10:20.32		2km	40	M	48.31	
12/02/2014	Karen Douglas	0.13:34.02		2km	56	F	50.58	
12/02/2014	Craig Shiel	0.13:57.53		2km	59	M	41.68	
12/02/2014	Zoe Wolfe	0.03:43.24		800m	16	F	53.18	
12/02/2014	Jed Wolfe	0.03:44.36		800m	14	M	49.58	
19/02/2014	Rob Redhead		7.00	Shotput	40	M	31.10	
19/02/2014	Greg Vander Sanden		7.20	Shotput	55	M	39.66	
19/02/2014	Karen Douglas		5.11	Shotput	56	F	34.98	
19/02/2014	Craig Shiel		8.91	Shotput	59	M	53.84	
19/02/2014	Barbara Wilson		7.12	Shotput	62	F	55.11	
19/02/2014	Peter Muller		7.06	Shotput	75	M	45.94	
19/02/2014	Zoe Wolfe		3.57	LongJump	16	F	53.36	
19/02/2014	Brenda Painter		2.38	LongJump	69	F	54.09	
19/02/2014	Rob Redhead		3.91	LongJump	40	M	48.55	
19/02/2014	Greg Vander Sanden		3.76	LongJump	55	M	56.37	
19/02/2014	Barbara Wilson		2.93	LongJump	62	F	58.72	
19/02/2014	Peter Muller	0.00:11.80		60m	75	M	72.45	
19/02/2014	Zoe Wolfe	0.00:09.49		60m	16	F	74.54	
19/02/2014	Jed Wolfe	0.00:11.13		60m	14	M	62.45	
19/02/2014	Brenda Painter	0.00:11.50		60m	69	F	83.29	
19/02/2014	Rob Redhead	0.00:09.14		60m	40	M	73.46	
19/02/2014	Barbara Wilson	0.00:12.12		60m	62	F	74.22	
19/02/2014	Greg Vander Sanden	0.00:08.80		60m	55	M	84.99	
19/02/2014	Zoe Wolfe	0.01:13.34		400m	16	F	69.32	
19/02/2014	Jed Wolfe	0.01:35.58		400m	14	M	49.34	

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Date	Name	Time	Dist/Height	WAVA Event	Age	M/F	WAVA%	Rec
19/02/2014	Peter Muller	0.01:36.28		400m	75	M	67.51	IRec
19/02/2014	Greg Vander Sanden	0.10:52.83		3km	55	M	80.28	Rec
19/02/2014	David Willmer	0.12:38.85		3km	59	M	71.47	
19/02/2014	Ian Dougan	0.14:00.54		3km	59	M	64.52	
19/02/2014	Mark Weaver	0.14:24.20		3km	50	M	58.21	
19/02/2014	Rob Redhead	0.15:00.41		3km	40	M	51.71	
19/02/2014	Craig Shiel	0.20:39.53		3km	59	M	43.75	
19/02/2014	Janet Scanlan	0.19:27.56		3km	45	F	47.34	
19/02/2014	Chris Fry	0.14:07.49		3km	57	M	62.90	
26/02/2014	Karen Douglas		9.85	Javelin	56	F	21.41	
26/02/2014	Barbara Wilson		15.72	Javelin	62	F	39.28	
26/02/2014	Peter Muller		19.88	Javelin	75	M	40.57	
26/02/2014	Alan Stone		16.30	Javelin	81	M	35.63	Rec
26/02/2014	Peter Muller		1.05	HighJump	75	M	71.84	
26/02/2014	Rob Redhead		1.30	HighJump	40	M	58.68	
26/02/2014	Peter Muller	0.00:41.20		200m	75	M	67.72	Rec
26/02/2014	Karen Douglas	0.00:52.35		200m	56	F	51.87	
26/02/2014	David Willmer	0.17:22.62		4km	59	M	70.70	
26/02/2014	Ian Dougan	0.18:47.49		4km	59	M	65.37	
26/02/2014	Chris Fry	0.19:41.47		4km	57	M	61.32	
26/02/2014	Rob Redhead	0.19:57.43		4km	40	M	52.84	
26/02/2014	Linda Mettam	0.25:58.89		4km	48	F	49.79	
26/02/2014	Janet Scanlan	0.25:59.39		4km	45	F	47.98	
5/03/2014	Peter Muller		23.69	Discus	75	M	51.86	
5/03/2014	Barbara Wilson		14.66	Discus	62	F	31.78	
5/03/2014	Karen Douglas		10.33	Discus	56	F	19.69	
5/03/2014	Greg Vander Sanden		23.00	Discus	55	M	34.10	
5/03/2014	Rob Redhead		18.72	Discus	40	M	25.27	
5/03/2014	Alan Stone		18.33	Discus	81	M	48.79	Rec
5/03/2014	Rob Redhead		8.77	TripleJump	40	M	51.41	
5/03/2014	Greg Vander Sanden		8.38	TripleJump	55	M	59.60	
5/03/2014	Barbara Wilson		6.68	TripleJump	62	F	66.74	
5/03/2014	Peter Muller		6.10	TripleJump	75	M	60.70	
5/03/2014	Peter Muller	0.00:19.06		100m	75	M	69.25	
5/03/2014	Rob Redhead	0.00:14.76		100m	40	M	69.49	
5/03/2014	Karen Douglas	0.00:22.56		100m	56	F	57.76	
5/03/2014	Greg Vander Sanden	0.00:14.00		100m	55	M	81.00	Rec
5/03/2014	Barbara Wilson	0.00:19.50		100m	62	F	70.75	
5/03/2014	David Willmer	0.22:01.98		5km	59	M	70.58	
5/03/2014	Ian Dougan	0.24:16.31		5km	59	M	64.07	
5/03/2014	Dan Smith	0.22:21.03		5km	63	M	72.08	
5/03/2014	Greg Vander Sanden	0.18:51.42		5km	55	M	79.70	Rec
5/03/2014	Simon Fretton	0.29:13.93		5km	58	M	52.74	
5/03/2014	Rob Redhead	0.28:09.92		5km	40	M	47.40	
8/03/2014	Peter Muller		16.84	Javelin	75	M	34.37	
12/03/2014	Barbara Wilson		16.05	Discus	62	F	34.79	
12/03/2014	Rob Redhead		6.95	Shotput	40	M	30.88	
12/03/2014	Karen Douglas		4.87	Shotput	56	F	33.33	
12/03/2014	Carey Dickason		5.32	Shotput	63	F	42.09	
12/03/2014	Peter Muller		7.13	Shotput	75	M	46.39	
12/03/2014	Alan Stone		5.67	Shotput	81	M	45.36	Irec
12/03/2014	Greg Vander Sanden		7.32	Shotput	55	M	40.32	
12/03/2014	Barbara Wilson		7.12	TripleJump	62	F	71.13	
12/03/2014	Rob Redhead		4.48	LongJump	40	M	55.62	
12/03/2014	Peter Muller		3.10	LongJump	75	M	64.24	Rec
12/03/2014	Barbara Wilson	0.00:18.28		100m	62	F	75.47	
12/03/2014	Greg Vander Sanden	0.00:08.45		60m	55	M	88.51	Rec
12/03/2014	Rob Redhead	0.00:08.82		60m	40	M	76.13	
12/03/2014	Peter Muller	0.00:11.20		60m	75	M	76.34	Rec
12/03/2014	Karen Douglas	0.00:12.99		60m	56	F	65.43	
12/03/2014	Greg Vander Sanden	0.01:02.37		400m	55	M	82.10	Rec
12/03/2014	Rob Redhead	0.01:16.56		400m	40	M	60.32	

## ALBANY ATHLETICS CLUB TRACK FIELD 2013/14

Date	Name	Time	Dist/Height	WAVA Event	Age	M/F	WAVA%	Rec
12/03/2014	Chris Fry	0.27:29.69		5km	57	M	55.59	
12/03/2014	David Willmer	0.45:34.92		10km	59	M	71.21	
12/03/2014	Dan Smith	0.46:06.45		10km	63	M	72.92	
12/03/2014	Ian Dougan	0.47:37.07		10km	59	M	68.16	
12/03/2014	Mark Weaver	0.54:18.78		10km	50	M	55.43	
15/03/2014	Peter Muller		6.67	Shotput	75	M	43.40	
15/03/2014	Peter Muller		22.33	Discus	75	M	48.88	
19/03/2014	Rob Redhead		23.89	Javelin	40	M	27.37	
19/03/2014	Karen Douglas		9.05	Javelin	56	F	19.67	
19/03/2014	Barbara Wilson		17.70	Javelin	62	F	44.23	
19/03/2014	Carey Dickason		10.87	Javelin	63	F	27.79	
19/03/2014	Brenda Painter		11.86	Javelin	69	F	35.16	
19/03/2014	Peter Muller		14.88	Javelin	75	M	30.37	
19/03/2014	Alan Stone		15.78	Javelin	81	M	34.49	
19/03/2014	Carey Dickason		0.95	HighJump	63	F	67.86	
19/03/2014	Brenda Painter		0.95	HighJump	69	F	75.40	
19/03/2014	Rob Redhead		1.25	HighJump	40	M	56.42	
19/03/2014	Rob Redhead	0.00:30.82		200m	40	M	67.59	
19/03/2014	Peter Muller	0.00:40.11		200m	75	M	69.56	Rec
19/03/2014	Brenda Painter	0.00:42.51		200m	69	F	72.56	
19/03/2014	Karen Douglas	0.00:52.38		200m	56	F	51.84	
19/03/2014	David Willmer	0.06:05.46		1500m	59	M	69.41	
19/03/2014	Chris Fry	0.06:14.50		1500m	57	M	66.58	
19/03/2014	Ian Dougan	0.06:20.23		1500m	59	M	66.71	
19/03/2014	Mark Weaver	0.06:39.75		1500m	50	M	58.86	
19/03/2014	Rob Redhead	0.06:54.57		1500m	40	M	52.53	
19/03/2014	Peter Muller	0.07:49.61		1500m	75	M	64.37	Rec
19/03/2014	John Dickason	0.07:56.92		1500m	63	M	55.10	
19/03/2014	Karen Douglas	0.09:30.77		1500m	56	F	52.47	
19/03/2014	Kath Hannig	0.11:03.38		1500m	73	F	58.93	
26/03/2014	Chris Fry	0.05:58.7		1500m	57	M	69.51	
26/03/2014	Ian Dougan	0.06:10.0		1500m	59	M	68.56	
26/03/2014	Rob Redhead	0.06:45.4		1500m	40	M	53.72	
26/03/2014	John Dickason	0.07:50.4		1500m	63	M	55.86	
26/03/2014	Mark Weaver	0.06:35.7		1500m	50	M	59.46	
26/03/2014	David Willmer	0.06:06.2		1500m	59	M	69.27	
26/03/2014	Karen Douglas	0.09:42.7		1500m	56	F	51.39	
26/03/2014	Rob Redhead	0.00:14.2		100m	40	M	72.38	
26/03/2014	Peter Muller	0.00:18.0		100m	75	M	73.29	Rec
26/03/2014	Barbara Wilson	0.00:18.5		100m	62	F	74.57	
26/03/2014	Carey Dickason	0.00:21.1		100m	63	F	66.14	
26/03/2014	Karen Douglas	0.00:21.5		100m	56	F	60.55	
26/03/2014	Karen Douglas		10.71	Discus	56	F	20.41	
26/03/2014	Barbara Wilson		15.33	Discus	62	F	33.23	
26/03/2014	Carey Dickason		14.56	Discus	63	F	32.30	
26/03/2014	Peter Muller		23.03	Discus	75	M	50.42	
26/03/2014	Alan Stone		18.27	Discus	81	M	48.63	
26/03/2014	Rob Redhead		19.99	Discus	40	M	26.98	
26/03/2014	John Dickason		24.30	Discus	63	M	39.26	
26/03/2014	Carey Dickason		5.63	TripleJump	63	F	57.22	
26/03/2014	Rob Redhead		8.76	TripleJump	40	M	51.35	
26/03/2014	Peter Muller		6.43	TripleJump	75	M	63.98	Rec
26/03/2014	Barbara Wilson		6.74	TripleJump	62	F	67.33	
7/03/2014	Carey Dickason		1616.00	Pentathlon	63	F	#VALUE!	Bronze
7/03/2014	Carey Dickason	0.00:20.28		100m	63	F	68.65	Bronze
7/03/2014	Carey Dickason		5.62	Shotput	63	F	44.46	Bronze
7/03/2014	Carey Dickason		2.65	LongJump	63	F	54.08	Bronze
7/03/2014	Carey Dickason		9.41	Javelin	63	F	24.05	Bronze
7/03/2014	Carey Dickason	0.03:36.24		800m	63	F	71.53	Bronze
10/03/2014	Carey Dickason		2.54	LongJump	63	F	51.84	4th
10/03/2014	Brenda Painter		2.88	LongJump	69	F	65.45	Bronze
10/03/2014	Carey Dickason	0.58:40.63		10km	63	F	70.32	Silver



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Date	Name	Time	Dist/Heigh	WAVA Event	Age	M/F	WAVA%	Rec
10/03/2014	Brenda Painter	0.00:18.01		100m	69	F	81.58	Silver
10/03/2014	Carey Dickason		5.96	TripleJump	63	F	60.57	Bronze
10/03/2014	Brenda Painter		6.54	TripleJump	69	F	73.90	Gold
10/03/2014	Carey Dickason	0.27:35.32		5km	63	F	72.65	Silver
10/03/2014	Brenda Painter	0.00:40.23		200m	69	F	76.68	Silver
10/03/2014	Brenda Painter		1.02	HighJump	69	F	80.95	Silver
10/03/2014	Carey Dickason		18.10	Hammer	63	F	38.40	Silver
10/03/2014	Brenda Painter	0.00:11.08		60m	69	F	86.44	Silver
29/03/2014	Barbara Wilson	0.00:10.81		60m	62	F	83.21	Silver
29/03/2014	Brenda Painter	0.00:10.89		60m	69	F	87.95	Gold
29/03/2014	Brenda Painter	0.00:17.75		100m	69	F	82.77	Gold
29/03/2014	Brenda Painter	0.00:38.57		200m	69	F	79.98	Gold
29/03/2014	Carey Dickason	0.07:19.42		1500m	63	F	75.42	Gold
29/03/2014	Carey Dickason	0.26:54.17		5km	63	F	74.50	Silver
29/03/2014	Barbara Wilson	0.00:21.84		ShortHur	62	F	61.26	Gold
29/03/2014	Brenda Painter		0.90	HighJump	69	F	71.43	Gold
29/03/2014	Barbara Wilson		3.26	LongJump	62	F	65.33	Gold
29/03/2014	Carey Dickason		2.52	LongJump	63	F	51.43	Bronze
29/03/2014	Brenda Painter		2.69	LongJump	69	F	61.14	Gold
29/03/2014	Barbara Wilson		6.97	TripleJump	62	F	69.63	Gold
29/03/2014	Carey Dickason		6.09	TripleJump	63	F	61.89	Bronze
29/03/2014	Brenda Painter		6.73	TripleJump	69	F	76.04	Gold
29/03/2014	Barbara Wilson		14.01	Discus	62	F	30.37	Bronze
29/03/2014	Carey Dickason		17.51	Hammer	63	F	37.14	Bronze
29/03/2014	Barbara Wilson		18.26	Javelin	62	F	45.63	Silver
29/03/2014	Barbara Wilson		6.75	Shotput	62	F	52.24	Bronze
29/03/2014	Greg Vander Sanden	0.00:27.71		200m	55	M	83.75	Silver
29/03/2014	Greg Vander Sanden	0.01:01.98		400m	55	M	82.61	Silver
29/03/2014	Greg Vander Sanden	0.02:28.75		800m	55	M	81.54	Gold
29/03/2014	Greg Vander Sanden	0.05:05.93		1500m	55	M	80.13	Gold
29/03/2014	Greg Vander Sanden		1.45	HighJump	55	M	76.63	Gold