

Albany Athletics Club**Women's Records**

Date	Event	Group	Name	Time
19/12/1992	60m	WU14	Natalie Wilson	0.00:10.07
25/10/1995	60m	WU14	Tracey Bocian	0.00:09.78
11/01/2017	60m	WU14	Sabriel Denehy	0.00:09.70
22/02/2017	60m	WU14	Sabriel Denehy	0.00:09.51
1978/79	60m	WU16	T Manning	0.00:08.54
23/02/1980	60m	WU16	Michele Creek	0.00:08.53
29/11/1980	60m	WU16	Tracey Menegola	0.00:08.29
5/11/1983	60m	WU16	Lara Hotop	0.00:08.22
10/12/1983	60m	WU16	K Cunningham	0.00:08.21
19/10/1991	60m	WU16	Kristy Howlett	0.00:07.88
1979/80	60m	WU18	D Jackson	0.00:07.80
1984/85	60m	WU20	Tracey Menegola	0.00:08.14
23/02/1980	60m	WOpen	Jenny Dul	0.00:09.56
19/10/1980	60m	WOpen	Pauline Dawson	0.00:08.73
29/11/1980	60m	WOpen	Pauline Dawson	0.00:08.55
1981/82	60m	WOpen	Pauline Dawson	0.00:08.40
10/12/1983	60m	WOpen	Pauline Dawson	0.00:08.25
28/10/1989	60m	WOpen	Tracey Menegola	0.00:07.97
1/12/1979	60m	W30	Pam Keen	0.00:09.70
23/02/1980	60m	W30	Pam Keen	0.00:09.59
1981/82	60m	W30	Jenny Dul	0.00:08.59
10/12/1983	60m	W30	Barbara Wilson	0.00:08.44
11/10/1986	60m	W30	Pauline Dawson	0.00:08.26
1986/87	60m	W30	Pauline Dawson	0.00:08.25
26/03/1988	60m	W30	Pauline Dawson	0.00:08.21
8/10/1988	60m	W30	Pauline Dawson	0.00:07.99
??1989	60m	W30	Pauline Dawson	0.00:07.88
1979/80	60m	W35	Lynette Hipper	0.00:10.25
19/10/1980	60m	W35	J Biddulph	0.00:09.98
1981/82	60m	W35	J Biddulph	0.00:09.48
11/10/1986	60m	W35	Barbara Wilson	0.00:09.26
12/12/1987	60m	W35	Barbara Wilson	0.00:09.22
26/03/1988	60m	W35	Barbara Wilson	0.00:09.20
8/10/1988	60m	W35	Barbara Wilson	0.00:09.02
5/01/1991	60m	W35	Pauline Dawson	0.00:08.70
26/01/1991	60m	W35	Pauline Dawson	0.00:08.62
23/02/1991	60m	W35	Pauline Dawson	0.00:08.52
19/10/1991	60m	W35	Pauline Dawson	0.00:08.41
30/11/1991	60m	W35	Pauline Dawson	0.00:08.34
21/03/1992	60m	W35	Pauline Dawson	0.00:08.34
19/10/1980	60m	W40	Margaret Farley	0.00:11.69
20/11/1982	60m	W40	Sheila Chapman	0.00:10.02
1986/87	60m	W40	C Drummond	0.00:09.45
19/10/1991	60m	W40	Barbara Wilson	0.00:09.35
30/11/1991	60m	W40	Barbara Wilson	0.00:09.12
23/10/1993	60m	W40	Barbara Wilson	0.00:09.09
25/10/1995	60m	W40	Pauline Dawson	0.00:09.09
4/11/1995	60m	W40	Pauline Dawson	0.00:09.09
25/11/1995	60m	W40	Pauline Dawson	0.00:08.37
1979/80	60m	W45	Nancye Johnston	0.00:11.20
28/10/1989	60m	W45	Merrall Smith	0.00:10.66
22/12/1998	60m	W45	Barbara Wilson	0.00:10.39

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Date	Event	Group	Name	Time
2/02/1999	60m	W45	Barbara Wilson	0.00:09.88
23/11/2000	60m	W45	Barbara Wilson	0.00:09.63
23/11/2000	60m	W45	Barbara Wilson	0.00:09.45
5/12/1987	60m	W50	Dot Anderson	0.00:10.08
12/12/1987	60m	W50	Dot Anderson	0.00:09.62
29/10/1988	60m	W50	Dot Anderson	0.00:09.50
16/02/2002	60m	W50	Barbara Wilson	0.00:09.42
13/01/1990	60m	W55	Dot Anderson	0.00:10.00
26/10/2011	60m	W60	Barbara Wilson	0.00:10.72
28/10/2009	60m	W65	Kath Hannig	0.00:14.30
18/11/2009	60m	W65	Brenda Painter	0.00:10.97
17/02/2010	60m	W65	Brenda Painter	0.00:10.95
24/02/2010	60m	W65	Brenda Painter	0.00:10.74
10/03/2010	60m	W65	Brenda Painter	0.00:10.87
8/12/2010	60m	W65	Brenda Painter	0.00:10.53
3/12/2014	60m	W70	Brenda Painter	0.00:11.22
22/02/2017	60m	W70	Brenda Painter	0.00:10.99
29/10/1983	100m	WU14	Lara Hotop	0.00:13.43
31/10/1992	100m	WU14	Natalie Wilson	0.00:16.53
4/02/1995	100m	WU14	Tracey Bocian	0.00:15.83
21/10/1995	100m	WU14	Tracey Bocian	0.00:15.60
1979/80	100m	WU16	D Jackson	0.00:12.10
1979/80	100m	WU18	L Braimbridge	0.00:12.20
26/11/1983	100m	WU20	J Waldhuter	0.00:16.20
4/10/1986	100m	WU20	G Hille	0.00:14.86
4/02/1995	100m	WU20	Ruth Claughton	0.00:13.78
1979/80	100m	WOpen	G Walker	0.00:12.80
1979/80	100m	W30	L Gray	0.00:14.20
29/11/1986	100m	W30	Pauline Dawson	0.00:13.65
1986/87	100m	W30	Pauline Dawson	0.00:13.41
15/10/1988	100m	W30	Pauline Dawson	0.00:13.35
17/11/1979	100m	W35	Glenys Waldhuter	0.00:19.21
15/12/1979	100m	W35	Glenys Waldhuter	0.00:18.03
22/03/1980	100m	W35	Lynette Hipper	0.00:17.57
1984/85	100m	W35	J Biddulph	0.00:16.10
29/11/1986	100m	W35	Barbara Wilson	0.00:14.92
17/01/1987	100m	W35	Barbara Wilson	0.00:14.57
1986/87	100m	W35	Barbara Wilson	0.00:14.15
3/11/1990	100m	W35	Virginia Mercer	0.00:14.15
15/12/1990	100m	W35	Pauline Dawson	0.00:13.94
16/02/1991	100m	W35	Pauline Dawson	0.00:13.45
??1992	100m	W35	Pauline Dawson	0.00:12.58
3/12/1977	100m	W40	Dot Anderson	0.00:16.00
18/03/1978	100m	W40	Dot Anderson	0.00:14.10
11/11/1995	100m	W40	Pauline Dawson	0.00:14.03
16/03/1996	100m	W40	Pauline Dawson	0.00:13.88
19/11/1977	100m	Wvet	Nancye Johnston	0.00:19.20
1979/80	100m	W45	Nancye Johnston	0.00:18.30
4/11/1989	100m	W45	Merrall Smith	0.00:17.73
19/01/1999	100m	W45	Barbara Wilson	0.00:15.58
9/11/2000	100m	W45	Barbara Wilson	0.00:15.08
16/01/1988	100m	W50	Dot Anderson	0.00:16.38

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Date	Event	Group	Name	Time
??2002	100m	W50	Barbara Wilson	0.00:16.24
20/01/1990	100m	W55	Dot Anderson	0.00:16.38
30/03/2011	100m	W60	Carey Dickason	0.00:28.29
9/11/2011	100m	W60	Barbara Wilson	0.00:19.35
7/11/2012	100m	W60	Barbara Wilson	0.00:17.13
11/11/2009	100m	W65	Kath Hannig	0.00:23.72
25/11/2009	100m	W65	Brenda Painter	0.00:18.92
10/02/2010	100m	W65	Brenda Painter	0.00:17.70
9/11/2011	100m	W65	Brenda Painter	0.00:17.55
??2012	100m	W65	Brenda Painter	0.00:17.10
21/01/2015	100m	W70	Brenda Painter	0.00:19.28
12/02/1992	100 yds	WU16	Kristy Howlett	0.00:11.28
12/02/1992	100 yds	WU18	Lisa Crichton	0.00:13.20
10/02/1993	100 yds	WU18	Ruth Claughton	0.00:12.74
15/12/1993	100 yds	WU18	Ruth Claughton	0.00:12.74
10/12/1997	100 yds	WOpen	Meeghan Clay	0.00:15.58
12/02/1992	100 yds	W30	Di Fry	0.00:13.62
12/02/1992	100 yds	W35	Linda Noble	0.00:13.60
14/12/1994	100 yds	W35	Pauline Dawson	0.00:12.74
12/02/1992	100 yds	W40	Ruth Claughton	0.00:13.23
10/12/1997	100 yds	W45	Barbara Wilson	0.00:14.30
29/01/2002	100 yds	W50	Barbara Wilson	0.00:14.49
16/12/2009	100 yds	W55	Barbara Wilson	0.00:17.22
14/12/2011	100 yds	W60	Barbara Wilson	0.00:16.99
19/12/2012	100 yds	W60	Barbara Wilson	0.00:16.92
16/12/2009	100 yds	W65	Kath Hannig	0.00:21.63
19/12/2012	100yds	W65	Brenda Painter	0.00:15.81
16/12/2015	100yds	W70	Brenda Painter	0.00:17.42
24/10/1992	200m	WU14	Natalie Wilson	0.00:35.21
17/12/1994	200m	WU14	Tracey Bocian	0.00:35.18
1979/80	200m	WU16	D Jackson	0.00:26.50
1979/80	200m	WU18	L Braimbridge	0.00:25.20
1984/85	200m	WU20	G Freeman	0.00:28.80
1978/79	200m	WOpen	L Gray	0.00:31.80
16/02/1980	200m	WOpen	Kerry Pepall	0.00:31.77
31/01/1981	200m	WOpen	Pauline Dawson	0.00:28.88
1984/85	200m	WOpen	Pauline Dawson	0.00:28.44
6/12/1986	200m	WOpen	Julie Mair McDonald	0.00:27.73
1979/80	200m	W30	L Gray	0.00:31.80
7/01/1984	200m	W30	Barbara Wilson	0.00:31.78
1984/85	200m	W30	Barbara Wilson	0.00:30.90
11/10/1986	200m	W30	Pauline Dawson	0.00:28.47
9/01/1988	200m	W30	Pauline Dawson	0.00:28.07
24/11/1979	200m	W35	Glenys Waldhuter	0.00:39.50
23/03/1980	200m	W35	Lynette Hipper	0.00:39.00
1981/82	200m	W35	J Biddulph	0.00:35.34
1983/84	200m	W35	Glenys Waldhuter	0.00:35.00
11/10/1986	200m	W35	Barbara Wilson	0.00:32.52
22/11/1986	200m	W35	Barbara Wilson	0.00:32.25
6/12/1986	200m	W35	Barbara Wilson	0.00:31.94
14/03/1987	200m	W35	Barbara Wilson	0.00:31.15
27/10/1990	200m	W35	Barbara Wilson	0.00:30.97

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Date	Event	Group	Name	Time
17/11/1990	200m	W35	Pauline Dawson	0.00:30.81
5/10/1991	200m	W35	Pauline Dawson	0.00:28.83
16/11/1991	200m	W35	Pauline Dawson	0.00:28.64
7/12/1991	200m	W35	Pauline Dawson	0.00:27.80
15/10/1977	200m	W40	Nancye Johnston	0.00:43.50
26/11/1977	200m	W40	Dot Anderson	0.00:33.05
1979/80	200m	W40	Dot Anderson	0.00:31.30
7/12/1991	200m	W40	Barbara Wilson	0.00:30.82
16/12/1995	200m	W40	Pauline Dawson	0.00:29.02
1979/80	200m	W45	Nancye Johnston	0.00:40.04
15/02/2000	200m	W45	Barbara Wilson	0.00:35.31
7/03/2000	200m	W45	Barbara Wilson	0.00:34.71
7/12/2000	200m	W45	Barbara Wilson	0.00:33.87
22/10/1988	200m	W50	Dot Anderson	0.00:33.14
6/01/1990	200m	W55	Dot Anderson	0.00:34.41
24/02/1990	200m	W55	Dot Anderson	0.00:32.06
23/03/2011	200m	W60	Carey Dickason	0.00:51.00
2/11/2011	200m	W60	Barbara Wilson	0.00:40.30
2/12/2009	200m	W65	Brenda Painter	0.00:44.06
6/01/2010	200m	W65	Brenda Painter	0.00:43.10
27/01/2010	200m	W65	Brenda Painter	0.00:41.03
17/03/2010	200m	W65	Brenda Painter	0.00:39.02
7/04/2010	200m	W65	Brenda Painter	0.00:38.22
19/11/2014	200m	W70	Brenda Painter	0.00:45.41
25/02/2015	200m	W70	Brenda Painter	0.00:45.30
18/11/2015	200m	W70	Brenda Painter	0.00:44.27
15/10/1983	400m	WU14	Lara Hotop	0.01:10.57
7/01/1995	400m	WU14	Tracey Bocian	0.01:11.15
1979/80	400m	WU16	L Braimbridge	0.01:02.30
1979/80	400m	WU18	L Braimbridge	0.01:01.30
4/01/2001	400m	WU18	Katherine Hancock	0.00:61.17
7/01/1995	400m	WU20	Ruth Claughton	0.00:63.50
17/11/1979	400m	WOpen	Jenny Dul	0.01:17.85
20/03/1980	400m	WOpen	Kerry Pepall	0.01:13.16
15/11/1980	400m	WOpen	D Jackson	0.01:09.49
12/03/1983	400m	WOpen	Pauline Dawson	0.01:05.83
15/11/1986	400m	WOpen	Julie Mair McDonald	0.01:04.03
29/11/1986	400m	WOpen	Julie Mair McDonald	0.01:03.26
15/12/1979	400m	W30	Pam Keen	0.01:19.00
15/10/1983	400m	W30	Marilyn Lawrie	0.01:12.02
29/10/1983	400m	W30	Marilyn Lawrie	0.01:14.19
1983/84	400m	W30	Barbara Wilson	0.01:13.31
14/01/1984	400m	W30	Barbara Wilson	0.01:11.16
1986/87	400m	W30	Pauline Dawson	0.01:06.32
1978/79	400m	W35	Margaret Goymer	0.01:31.00
1979/80	400m	W35	Lynette Hipper	0.01:22.00
15/11/1986	400m	W35	Barbara Wilson	0.01:11.47
12/12/1987	400m	W35	Barbara Wilson	0.01:11.34
26/11/1988	400m	W35	Barbara Wilson	0.01:10.00
25/11/1989	400m	W35	Barbara Wilson	0.01:08.13
23/02/1991	400m	W35	Pauline Dawson	0.01:05.07
1979/80	400m	W40	Dot Anderson	0.01:08.60

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Date	Event	Group	Name	Time
1979/80	400m	W45	Nancye Johnston	0.01:39.00
25/11/1989	400m	W45	Merrall Smith	0.01:37.73
23/11/2000	400m	W45	Barbara Wilson	0.01:15.99
1986/87	400m	W50	Alma Macaulay	0.02:00.96
28/11/1987	400m	W50	Dot Anderson	0.01:21.05
12/12/1987	400m	W50	Dot Anderson	0.01:15.13
20/01/1990	400m	W55	Dot Anderson	0.00:78.66
7/12/2011	400m	W60	Carey Dickason	0.01:54.13
1/02/2012	400m	W60	Carey Dickason	0.01:53.64
6/03/2013	400m	W60	Barbara Wilson	0.01:38.95
21/04/2010	400m	W65	Brenda Painter	0.01:48.67
1/02/2017	400m	W70	Brenda Painter	0.02:33.11
17/12/1994	800m	WU14	Tracey Bocian	0.04:31.38
11/02/1995	800m	WU14	Tracey Bocian	0.03:22.40
16/10/1976	800m	WU16	Sue Grayson	0.02:24.80
11/03/1978	800m	WU18	Sue Grayson	0.02:36.00
19/03/1978	800m	WU18	Sue Grayson	0.02:33.80
22/11/1980	800m	WU18	Michele Creek	0.02:29.22
10/01/1981	800m	WU18	Michele Creek	0.02:28.00
9/10/1982	800m	WU18	Robyn Lloyd	0.02:27.00
13/02/1993	800m	WU18	Ruth Claughton	0.02:26.66
??1991	800m	WU20	N Crighton	0.02:52.28
24/11/1979	800m	WOpen	M Donovan	0.03:04.97
16/02/1980	800m	WOpen	Kerry Pepall	0.02:53.00
22/11/1980	800m	WOpen	Marilyn Lawrie	0.02:50.10
12/02/1983	800m	WOpen	L Williams	0.02:39.96
8/11/1986	800m	WOpen	Julie Mair McDonald	0.02:35.52
6/12/1986	800m	WOpen	Julie Mair McDonald	0.02:32.78
5/12/1987	800m	WOpen	Robyn Yates	0.02:31.00
15/10/1977	800m	W30	Chris Matthews	0.03:27.00
26/11/1977	800m	W30	Chris Matthews	0.03:02.00
9/10/1982	800m	W30	Marilyn Lawrie	0.02:59.00
12/02/1983	800m	W30	Marilyn Lawrie	0.02:46.97
1982/83	800m	W30	Marilyn Lawrie	0.02:42.00
1984/85	800m	W30	Barbara Wilson	0.02:38.00
24/11/1979	800m	W35	Lynette Hipper	0.03:14.07
28/02/1987	800m	W35	Barbara Wilson	0.02:57.90
14/03/1987	800m	W35	Barbara Wilson	0.02:45.22
1986/87	800m	W35	Barbara Wilson	0.02:40.22
21/10/1989	800m	W35	Barbara Wilson	0.02:39.87
11/11/1989	800m	W35	Barbara Wilson	0.02:36.00
2/12/1989	800m	W35	Barbara Wilson	0.02:36.00
??1990	800m	W35	Barbara Wilson	0.02:33.00
15/10/1977	800m	W40	Nancye Johnston	0.04:16.00
11/03/1978	800m	W40	Dot Anderson	0.02:55.00
19/03/1978	800m	W40	Dot Anderson	0.02:49.20
1986/87	800m	W40	C Drummond	0.02:47.00
26/10/1991	800m	W40	Barbara Wilson	0.02:38.92
7/12/1991	800m	W40	Barbara Wilson	0.02:33.25
13/02/1993	800m	W40	Barbara Wilson	0.02:30.19
2/12/1989	800m	W45	Merrall Smith	0.03:46.00
	800m	W45		0.03:34.00

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Date	Event	Group	Name	Time
8/12/1998	800m	W45	Barbara Wilson	0.03:04.16
15/02/2000	800m	W45	Barbara Wilson	0.02:55.03
??2000	800m	W45	Barbara Wilson	0.02:35.03
1986/87	800m	W50	Alma Macaulay	0.04:53.99
22/10/1988	800m	W50	Dot Anderson	0.03:05.00
9/02/2002	800m	W50	Barbara Wilson	0.02:56.00
24/02/1990	800m	W55	Dot Anderson	0.03:13.00
4/01/2012	800m	W60	Carey Dickason	0.03:58.00
25/01/2012	800m	W60	Carey Dickason	0.03:56.61
15/02/2012	800m	W60	Barbara Wilson	0.02:58.96
26/01/2011	800m	W65	Brenda Painter	0.05:28.97
4/01/2017	800m	W65	Carey Dickason	0.04:08.50
29/03/1995	1,000m	WU14	Tracey Bocian	0.04:09.07
19/04/1995	1,000m	WU14	Tracey Bocian	0.03:50.37
7/04/1999	1,000m	WU14	Danielle Faulkner	0.03:18.12
5/03/1983	1,000m	WU16	Karen Pearce	0.03:28.00
10/12/1983	1,000m	WU16	Karen Pearce	0.03:19.00
1984/85	1,000m	WU16	Karen Pearce	0.03:10.00
1982/83	1,000m	WU18	Robyn Lloyd	0.03:12.74
5/03/1983	1,000m	WOpen	Diane Williams	0.03:45.00
15/10/1983	1,000m	WOpen	Linda Noble	0.03:41.00
17/10/1987	1,000m	WOpen	Julie Mair	0.03:20.00
18/12/1982	1,000m	W30	Marilyn Lawrie	0.03:39.00
5/03/1983	1,000m	W30	Marilyn Lawrie	0.03:31.00
12/12/1987	1,000m	W35	Barbara Wilson	0.03:39.00
11/02/1989	1,000m	W35	Barbara Wilson	0.03:37.00
1982/83	1,000m	W40	Sheila Chapman	0.04:10.00
1984/85	1,000m	W40	C Drummond	0.03:45.00
1986/87	1,000m	W40	C Drummond	0.03:40.72
29/03/1995	1,000m	W40	Barbara Wilson	0.03:25.12
10/04/1996	1,000m	W40	Barbara Wilson	0.03:25.05
15/10/1983	1,000m	W45	Alma Macaulay	0.06:06.00
1986/87	1,000m	W45	Alma Macaulay	0.05:51.88
9/04/1997	1,000m	W45	Barbara Wilson	0.03:26.25
14/01/1995	1,500m	WU14	Tracey Bocian	0.06:41.84
25/03/1995	1,500m	WU14	Tracey Bocian	0.06:26.43
21/10/1995	1,500m	WU14	Tracey Bocian	0.05:55.36
??1999	1,500m	WU14	Danielle Faulkner	0.05:07.45
5/02/1977	1,500m	U16	Sue Grayson	0.05:30.10
1979/80	1,500m	U16	Sue Grayson	0.04:51.90
??1976	1,500m	U16	Sue Grayson	0.04:49.00
1979/80	1,500m	U18	Sue Grayson	0.04:57.70
1/12/1979	1,500m	WOpen	Kerry Pepall	0.06:24.00
23/02/1980	1,500m	WOpen	Kerry Pepall	0.06:03.00
22/03/1980	1,500m	WOpen	Kerry Pepall	0.06:00.00
29/11/1980	1,500m	WOpen	Marilyn Lawrie	0.05:54.45
13/12/1980	1,500m	WOpen	Marilyn Lawrie	0.05:51.00
19/02/1983	1,500m	WOpen	Diane Williams	0.05:47.02
29/11/1986	1,500m	WOpen	Robyn Yates	0.05:49.00
1980/81	1,500m	WOpen	Marilyn Lawrie	0.05:43.00
5/02/1983	1,500m	WOpen	Sue Grayson	0.05:28.00
15/11/1986	1,500m	WOpen	Julie Mair McDonald	0.05:36.00

Albany Athletics Club**Women's Records**

Date	Event	Group	Name	Time
29/11/1986	1,500m	WOpen	Julie Mair McDonald	0.05:28.00
28/11/1987	1,500m	WOpen	Julie Mair McDonald	0.05:16.00
28/11/1987	1,500m	WOpen	Robyn Yates	0.05:16.00
16/01/1988	1,500m	WOpen	Julie Mair	0.05:06.00
1/12/1979	1,500m	W30	Pam Keen	0.06:44.00
23/02/1980	1,500m	W30	Pam Keen	0.06:33.00
22/03/1980	1,500m	W30	Pam Keen	0.06:32.00
5/02/1983	1,500m	W30	Marilyn Lawrie	0.05:33.00
10/02/1990	1,500m	W30	Di Fry	0.05:32.00
16/02/1991	1,500m	W30	Di Fry	0.05:30.01
22/10/1977	1,500m	W35	Chris Matthews	0.07:07.00
1/12/1979	1,500m	W35	Lynette Hipper	0.06:23.00
29/11/1986	1,500m	W35	Barbara Wilson	0.06:02.00
16/01/1988	1,500m	W35	Barbara Wilson	0.05:57.00
29/10/1988	1,500m	W35	Barbara Wilson	0.05:46.00
19/11/1988	1,500m	W35	Barbara Wilson	0.05:43.00
10/12/1988	1,500m	W35	Barbara Wilson	0.05:33.00
18/11/1989	1,500m	W35	Barbara Wilson	0.05:16.00
3/12/1977	1,500m	W40	Dot Anderson	0.06:16.00
18/02/1978	1,500m	W40	Dot Anderson	0.06:04.40
1979/80	1,500m	W40	Dot Anderson	0.05:58.00
1984/85	1,500m	W40	C Drummond	0.05:53.00
1986/87	1,500m	W40	C Drummond	0.05:45.82
12/10/1991	1,500m	W40	Barbara Wilson	0.05:36.76
23/11/1991	1,500m	W40	Barbara Wilson	0.05:29.50
15/02/1992	1,500m	W40	Barbara Wilson	0.05:28.10
26/11/1983	1,500m	W45	Alma Macaulay	0.08:55.00
19/11/1988	1,500m	W45	Glenys Waldhuter	0.08:10.00
20/11/1996	1,500m	W45	Barbara Wilson	0.05:34.88
1986/87	1,500m	W50	Alma Macaulay	0.04:53.99
18/11/1989	1,500m	W50	Dot Anderson	0.06:53.00
2/02/2002	1,500m	W50	Barbara Wilson	0.05:36.96
13/01/1990	1,500m	W55	Dot Anderson	0.07:05.08
10/03/1990	1,500m	W55	Dot Anderson	0.06:38.09
16/02/1991	1,500m	W55	Dot Anderson	0.06:45.92
7/03/2007	1,500m	W55	Barbara Wilson	0.06:01.72
16/11/2005	1,500m	W60	Kath Hannig	0.09:48.06
2/11/2011	1,500m	W60	Carey Dickason	0.08:10.65
8/02/2012	1,500m	W60	Carey Dickason	0.08:07.28
21/03/2012	1,500m	W60	Carey Dickason	0.07:54.95
30/01/2013	1,500m	W60	Carey Dickason	0.07:53.40
13/03/2013	1,500m	W60	Carey Dickason	0.07:40.72
11/12/2013	1,500m	W60	Carey Dickason	0.07:31.34
22/02/2006	1,500m	W65	Kath Hannig	0.09:36.20
16/03/2016	1,500m	W65	Carey Dickason	0.09:03.94
31/10/2012	1,500m	W70	Kath Hannig	0.10:41.09
2015??	1,500m	W75	Kath Hannig	0.10:27.07
26/10/2016	1,500m	W75	Kath Hannig	0.09:35.80
6/03/1996	2,000m	WU14	Tracey Bocian	0.08:48.61
10/03/1999	2,000m	WU14	Danielle Faulkner	0.07:39.42
25/11/1989	2,000m	WU15	Lisa Crichton	0.07:53.00
14/02/1987	2,000m	WU16	Sherilee Grayson	0.07:28.21

Albany Athletics Club**Women's Records**

Date	Event	Group	Name	Time
14/01/1984	2,000m	WU18	Robyn Lloyd	0.07:15.00
1984/85	2,000m	WU20	Robyn Lloyd	0.07:58.00
1982/83	2,000m	WOpen	Diane Williams	0.07:58.00
14/11/1987	2,000m	WOpen	Julie Mair	0.07:32.39
14/01/1984	2,000m	W30	Marilyn Lawrie	0.07:39.00
??1984	2,000m	W30	Marilyn Lawrie	0.07:30.00
25/11/1989	2,000m	W35	Barbara Wilson	0.07:34.00
14/01/1984	2,000m	W40	C Audley	0.11:27.00
1984/85	2,000m	W40	C Drummond	0.08:23.00
1986/87	2,000m	W40	C Drummond	0.08:17.00
9/03/1994	2,000m	W40	Barbara Wilson	0.07:24.37
1986/87	2,000m	W45	Alma Macaulay	0.12:09.00
	2,000m	W45		0.07:32.41
12/03/1997	2,000m	W45	Barbara Wilson	0.07:32.06
13/02/1988	2,000m	W50	Dot Anderson	0.09:12.42
19/03/2002	2,000m	W50	Barbara Wilson	0.08:09.95
2/04/2008	2,000m	W55	Barbara Wilson	0.09:07.08
24/10/2012	2,000m	W55	Caroline Evans	0.09:00.24
30/03/2011	2,000m	W60	Carey Dickason	0.11:04.19
26/10/2011	2,000m	W60	Carey Dickason	0.10:57.01
6/02/2013	2,000m	W60	Carey Dickason	0.10:37.89
2/12/2015	2,000m	W60	Carey Dickason	0.10:37.50
22/03/2006	2,000m	W65	Kath Hannig	0.13:01.44
15/02/2017	2,000m	W65	Carey Dickason	0.11:15.05
??2002	2,000m	W70	Norma Freebury	0.12:30.18
??2003	2,000m	W75	Norma Freebury	0.18:21.17
2/12/2015	2,000m	W75	Kath Hannig	0.14:38.83
11/10/1986	3,000m	WU14	Gina Grayson	0.11:27.00
25/01/1995	3,000m	WU14	Tracey Bocian	0.14:15.49
4/03/1995	3,000m	WU14	Tracey Bocian	0.14:13.49
8/03/1995	3,000m	WU14	Tracey Bocian	0.13:59.14
29/11/1995	3,000m	WU14	Tracey Bocian	0.13:22.46
10/01/1996	3,000m	WU14	Tracey Bocian	0.12:45.38
17/03/1999	3,000m	WU14	Danielle Faulkner	0.12:22.43
6/12/1986	3,000m	U16	Shiralee Grayson	0.12:15.27
24/01/1987	3,000m	U16	Shiralee Grayson	0.11:51.00
14/03/1987	3,000m	U16	Shiralee Grayson	0.11:08.00
12/02/1977	3,000m	U16	Sue Grayson	0.10:51.00
4/03/1978	3,000m	U16	Sue Grayson	0.10:48.03
1979/80	3,000m	U16	Sue Grayson	0.10:28.70
1979/80	3,000m	U18	Sue Grayson	0.10:20.00
8/11/1986	3,000m	WU20	Robyn Yates	0.13:53.00
24/11/1979	3,000m	WOpen	Kerry Pepall	0.15:49.95
22/11/1980	3,000m	WOpen	Marilyn Lawrie	0.13:08.22
1/03/1981	3,000m	WOpen	Marilyn Lawrie	0.12:32.00
12/02/1983	3,000m	WOpen	Diane Williams	0.12:27.00
26/03/1983	3,000m	WOpen	Diane Williams	0.12:23.50
24/11/1979	3,000m	W30	Pam Keen	0.15:50.91
9/10/1982	3,000m	W30	Marilyn Lawrie	0.12:47.00
12/02/1983	3,000m	W30	Marilyn Lawrie	0.11:44.58
1982/83	3,000m	W30	Marilyn Lawrie	0.11:22.00
24/11/1979	3,000m	W35	Lynette Hipper	0.15:27.35

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Date	Event	Group	Name	Time
11/10/1986	3,000m	W35	Barbara Shipley	0.14:46.00
8/11/1986	3,000m	W35	Barbara Shipley	0.14:02.00
6/12/1986	3,000m	W35	Barbara Shipley	0.13:58.00
14/10/1989	3,000m	W35	Barbara Wilson	0.12:27.37
4/11/1989	3,000m	W35	Barbara Wilson	0.11:42.11
7/03/1990	3,000m	W35	Barbara Wilson	0.11:41.00
1/12/1990	3,000m	W35	Barbara Wilson	0.11:28.73
9/02/1991	3,000m	W35	Barbara Wilson	0.11:23.73
11/03/1978	3,000m	W40	Dot Anderson	0.13:55.00
1984/85	3,000m	W40	C Drummond	0.12:37.00
19/10/1991	3,000m	W40	Barbara Wilson	0.11:51.15
25/01/1992	3,000m	W40	Barbara Wilson	0.11:40.63
11/03/1992	3,000m	W40	Barbara Wilson	0.11:33.33
3/02/1993	3,000m	W40	Barbara Wilson	0.11:12.02
1984/85	3,000m	W40	C Drummond	0.12:37.00
13/01/1993	3,000m	W40	Barbara Wilson	0.11:33.03
??1993	3,000m	W40	Barbara Wilson	0.11:12.02
1982/83	3,000m	W45	Alma Macaulay	0.19:23.00
7/03/1990	3,000m	W45	Margaret Pearce	0.12:40.00
16/10/1996	3,000m	W45	Barbara Wilson	0.12:03.31
6/11/1996	3,000m	W45	Barbara Wilson	0.11:50.00
18/03/1997	3,000m	W45	Barbara Wilson	0.11:35.86
11/10/1986	3,000m	W50	Alma Macaulay	0.19:54.00
13/01/1993	3,000m	W50	Margaret Pearce	0.12:39.17
??2002	3,000m	W50	Barbara Wilson	0.12:29.63
9/02/1991	3,000m	W55	Dot Anderson	0.15:16.61
11/11/2008	3,000m	W55	Carey Dickason	0.16:45.83
13/01/2009	3,000m	W55	Carey Dickason	0.15:52.88
3/02/2009	3,000m	W55	Carey Dickason	0.15:19.65
11/11/2009	3,000m	W55	Carey Dickason	0.15:17.00
7/11/2012	3,000m	W55	Caroline Evans	0.13:52.60
4/01/2012	3,000m	W60	Carey Dickason	0.16:52.22
??2012	3,000m	W60	Carey Dickason	0.16:12.57
4/11/2015	3,000m	W60	Carey Dickason	0.16:11.00
30/11/2005	3,000m	W65	Kath Hannig	0.21:23.61
1/02/2006	3,000m	W65	Kath Hannig	0.20:57.91
1/03/2006	3,000m	W65	Kath Hannig	0.20:45.64
??2008	3,000m	W65	Kath Hannig	0.19:16.37
15/01/2003	3,000m	W70	Norma Freebury	0.27:15.04
7/11/2012	3,000m	W70	Kath Hannig	0.22:02.10
??2004	3,000m	W75	Norma Freebury	0.29:05.78
6/01/2016	3,000m	W75	Kath Hannig	0.22:44.20
??2006	4,000m	WU14	Ruth Willmer	0.21:16.31
14/11/2012	4,000m	WU18	Eilidh Mac Master	0.16:57.30
??2007	4,000m	WOpen	M. Gordon	0.19:07.72
11/11/2015	4,000m	W30	Vicki Reed	0.24:16.00
14/11/2012	4,000m	W40	Janet Scanlan	0.24:28.80
11/11/2015	4,000m	W40	Stephanie Choularton	0.22:22.93
??2007	4,000m	W45	Di Fry	0.20:03.33
2/04/2008	4,000m	W50	Caroline Evans	0.19:24.06
7/04/2009	4,000m	W50	Caroline Evans	0.18:50.79
23/11/2011	4,000m	W50	Di Fry	0.17:17.14

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Date	Event	Group	Name	Time
7/04/2009	4,000m	W55	Barbara Wilson	0.17:56.89
23/11/2011	4,000m	W60	Carey Dickason	0.23:22.60
9/01/2013	4,000m	W60	Carey Dickason	0.22:17.10
11/11/2015	4,000m	W60	Carey Dickason	0.21:47.15
2/04/2008	4,000m	W65	Kath Hannig	0.26:45.97
18/01/2017	4,000m	W65	Carey Dickason	0.22:48.43
14/11/2012	4,000m	W70	Kath Hannig	0.29:19.20
13/01/2016	4,000m	W75	Kath Hannig	0.29:56.00
22/11/1986	5,000m	WU14	B Gouldthorpe	0.21:17.00
1/02/1995	5,000m	WU14	Tracey Bocian	0.23:23.20
15/03/1995	5,000m	WU14	Tracey Bocian	0.23:11.34
30/11/2005	5,000m	WU14	Ruth Willmer	0.22:23.40
1979/80	5,000m	WU16	Michelle Goymer	0.22:08.70
2/02/1980	5,000m	WU16	Michele Creek	0.20:19.00
8/03/1980	5,000m	WU16	Michele Creek	0.20:14.00
1979/80	5,000m	WU16	Michele Creek	0.20:06.83
1981/82	5,000m	WU16	Robyn Lloyd	0.19:43.00
10/01/1987	5,000m	WU16	Sherilee Grayson	0.22:29.00
21/02/1987	5,000m	WU16	Sherilee Grayson	0.20:07.00
1982/83	5,000m	WU16	Karen Pearce	0.18:52.74
25/11/1992	5,000m	WU16	Ruth Claughton	0.18:32.06
6/12/1980	5,000m	U18	Michele Creek	0.19:56.00
1981/82	5,000m	U18	Robyn Lloyd	0.19:54.00
19/11/1983	5,000m	U18	Robyn Lloyd	0.19:34.00
22/11/1986	5,000m	WU20	Robyn Yates	0.23:18.00
6/12/1980	5,000m	WOpen	Marilyn Lawrie	0.21:03.00
24/10/1987	5,000m	WOpen	Robyn Yates	0.21:03.00
8/01/1983	5,000m	WOpen	Sue Grayson	0.19:06.56
22/01/1983	5,000m	W30	Marilyn Lawrie	0.20:38.88
1982/83	5,000m	W30	Marilyn Lawrie	0.19:46.00
25/10/1986	5,000m	W35	Barbara Shipley	0.24:37.00
22/11/1986	5,000m	W35	Barbara Shipley	0.23:36.00
10/11/1990	5,000m	W35	Barbara Wilson	0.20:38.07
1984/85	5,000m	W40	C Drummond	0.21:50.00
22/02/1992	5,000m	W40	Barbara Wilson	0.19:50.00
20/01/1993	5,000m	W40	Barbara Wilson	0.19:35.35
17/02/1990	5,000m	W45	Margaret Pearce	0.21:44.59
23/10/1996	5,000m	W45	Barbara Wilson	0.20:54.19
4/12/1996	5,000m	W45	Barbara Wilson	0.20:22.00
10/01/1987	5,000m	W50	Alma Macaulay	0.31:40.00
17/02/1993	5,000m	W50	Marg Pearce	0.21:30.80
11/12/2008	5,000m	W55	Carey Dickason	0.28:08.91
20/01/2009	5,000m	W55	Carey Dickason	0.26:56.71
10/02/2009	5,000m	W55	Carey Dickason	0.26:38.80
21/11/2012	5,000m	W55	Caroline Evans	0.24:08.70
21/01/2004	5,000m	W60	Kath Hannig	0.34:53.36
4/03/2004	5,000m	W60	Kath Hannig	0.34:40.72
2/03/2011	5,000m	W60	Carey Dickason	0.28:51.40
21/11/2012	5,000m	W60	Carey Dickason	0.28:32.20
15/02/2006	5,000m	W65	Kath Hannig	0.36:11.86
25/01/2017	5,000m	W65	Carey Dickason	0.27:42.12
4/12/2002	5,000m	W70	Norma Freebury	0.37:39.00

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Date	Event	Group	Name	Time
1/03/1995	10,000m	WU14	Tracey Bocian	1.03:34.45
14/02/1996	10,000m	WU14	Tracey Bocian	0.47:04.38
11/11/1992	10,000m	WU16	Ruth Claughton	0.40:35.01
19/01/2000	10,000m	WOpen	Meeghan Clay	0.57:37.01
19/01/2000	10,000m	WOpen	Meeghan Clay	0.52:25.81
9/02/2002	10,000m	WOpen	Meeghan Clay	0.49:16.41
11/11/1992	10,000m	W30	Di Fry	0.47:34.76
12/12/2007	10,000m	W35	Meeghan Clay	0.59:48.44
21/10/1992	10,000m	W40	Barbara Wilson	0.43:14.00
11/11/1992	10,000m	W40	Barbara Wilson	0.42:17.53
27/01/1993	10,000m	W40	Barbara Wilson	0.40:31.08
18/12/1996	10,000m	W45	Barbara Wilson	0.43:58.91
16/02/2000	10,000m	W45	Barbara Wilson	0.43:39.94
27/01/1993	10,000m	W50	Margaret Pearce	0.44:37.12
5/03/2002	10,000m	W50	Barbara Wilson	0.45:23.89
27/01/2009	10,000m	W55	Carey Dickason	0.56:34.34
27/01/2010	10,000m	W55	Carey Dickason	0.55:29.80
23/01/2013	10,000m	W55	Caroline Evans	0.51:03.90
23/01/2013	10,000m	W60	Carey Dickason	1.01:09.10
27/11/2013	10,000m	W60	Carey Dickason	0.59:02.27
25/11/2015	10,000m	W60	Carey Dickason	0.56:42.22
23/01/2013	10,000m	W70	Kath Hannig	1.31:36.00
9/03/2016	10,000m	W75	Kath Hannig	1.15:30.00
16/11/1991	80m Hurdles	0.76 W40	Barbara Wilson	0.00:15.91
24/10/1992	100m Hurdles	0.76 WU14	Natalie Wilson	0.00:23.15
1979/80	100m Hurdles	U16	A Gittins	0.00:17.30
12/03/1988	100m Hurdles	0.76 U16	Shiralee Grayson	0.00:20.56
1/10/1988	100m Hurdles	0.76 U16	Lee Stonell	0.00:18.43
1979/80	100m Hurdles	U18	A Gittins	0.00:17.50
22/10/1988	100m Hurdles	0.76 U18	Shiralee Grayson	0.00:20.31
7/12/1991	100m Hurdles	WU18	Shiralee Grayson	0.00:23.05
13/02/1993	100m Hurdles	0.76 WU18	Shiralee Grayson	0.00:19.69
1980/81	100m Hurdles	WOpen	Marilyn Lawrie	0.00:25.10
1986/87	100m Hurdles	WOpen	Linda Noble	0.00:21.33
21/02/1987	100m Hurdles	W30	Pauline Dawson	0.00:18.91
1986/87	100m Hurdles	W30	Pauline Dawson	0.00:18.28
21/10/1989	100m Hurdles	0.84 W30	Virginia Mercer	0.00:19.66
11/11/1989	100m Hurdles	0.84 W30	Virginia Mercer	0.00:19.22
22/11/1986	100m Hurdles	W35	Barbara Wilson	0.00:21.11
21/02/1987	100m Hurdles	W35	Barbara Wilson	0.00:20.77
12/11/1988	100m Hurdles	0.84 W35	Barbara Wilson	0.00:20.92
11/11/1989	100m Hurdles	0.84 W35	Barbara Wilson	0.00:20.51
27/10/1990	100m Hurdles	0.76 W35	Virginia Mercer	0.00:19.72
27/01/1990	100m Hurdles	W55	Dot Anderson	0.00:18.28
1979/80	200m Hurdles	U16	R Archibald	0.00:35.00
1979/80	200m Hurdles	U18	A Gittins	0.00:32.10
26/01/2000	Mile	WU14	Emma Faulkner	0.08:30.78
19/12/2012	Mile	WU14	Emily Blechynden	0.08:06.83
22/01/1987	Mile	WU16	Sherilee Grayson	0.06:01.37
12/02/1992	Mile	WU16	Ruth Claughton	0.05:41.91
1980/81	Mile	U18	Michele Creek	0.05:42.00
14/03/1990	Mile	U18	Gina Grayson	0.05:35.03

Albany Athletics Club**Women's Records**

Date	Event	Group	Name	Time
10/02/1993	Mile	WU18	Ruth Cloughton	0.05:26.27
1980/81	Mile	WOpen	Marilyn Lawrie	0.06:34.00
22/01/1987	Mile	WOpen	Julie Mair McDonald	0.05:54.84
19/01/1984	Mile	W30	Marilyn Lawrie	0.06:17.00
14/03/1990	Mile	W30	Di Fry	0.06:04.17
25/01/1989	Mile	W35	Barbara Wilson	0.06:21.31
14/03/1990	Mile	W35	Barbara Wilson	0.05:57.25
1986/87	Mile	W40	C Drummond	0.06:32.00
12/02/1992	Mile	W40	Barbara Wilson	0.05:46.33
10/02/1993	Mile	W40	Barbara Wilson	0.05:46.13
15/12/1993	Mile	W40	Barbara Wilson	0.05:45.63
11/12/1996	Mile	W45	Barbara Wilson	0.05:55.00
10/12/1997	Mile	W45	Barbara Wilson	0.05:54.92
10/02/1993	Mile	W50	Margaret Pearce	0.06:40.86
29/01/2002	Mile	W50	Barbara Wilson	0.05:54.92
16/12/2008	Mile	W55	Carey Dickason	0.08:17.00
16/12/2009	Mile	W55	Carey Dickason	0.07:53.76
14/12/2011	Mile	W55	Caroline Evans	0.07:01.22
7/01/2004	Mile	W60	Kath Hannig	0.10:19.29
14/12/2011	Mile	W60	Carey Dickason	0.08:12.27
14/12/2005	Mile	W65	Kath Hannig	0.10:32.51
15/12/2015	Mile	W65	Ursula Clark-Murphy	0.09:02.98
14/12/2016	Mile	W65	Carey Dickason	0.08:53.21
19/12/2012	Mile	W70	Kath Hannig	0.11:43.00
7/01/2004	Mile	W75	Norma Freebury	0.14:58.12
19/01/1991	1,500 Walk	U14	Sarah Woodall	0.08:08.06
27/03/1982	1,500 Walk	U16	Robyn Lloyd	0.09:31.24
5/03/1983	1,500 Walk	U16	Karen Pearce	0.08:35.22
25/11/1990	1,500 Walk	U16	Marcia Lomas	0.07:10.86
15/12/1990	1,500 Walk	U16	Marcia Lomas	0.06:57.00
19/01/1991	1,500 Walk	U16	Marcia Lomas	0.06:47.75
18/12/1982	1,500 Walk	U18	Robyn Lloyd	0.08:38.49
23/11/1991	1,500 Walk	U18	Marcia Lomas	0.06:48.06
18/12/1982	1,500 Walk	WOpen	Diane Williams	0.10:09.00
15/01/1983	1,500 Walk	WOpen	Diane Williams	0.09:29.00
18/12/1982	1,500 Walk	W30	Marilyn Lawrie	0.09:44.00
1982/83	1,500 Walk	W30	Marilyn Lawrie	0.09:04.00
13/01/1990	1,500 Walk	W30	Di Fry	0.08:41.00
8/10/1988	1,500 Walk	W35	Barbara Wilson	0.09:34.00
1982/83	1,500 Walk	W40	Sheila Chapman	0.10:09.00
1984/85	1,500 Walk	W40	C Drummond	0.11:05.20
18/02/1995	1,500 Walk	W40	Barbara Wilson	0.10:06.43
26/01/2002	1,500 Walk	W40	Di Fry	0.09:37.88
2/11/2002	1,500 Walk	W40	Di Fry	0.09:35.96
26/03/1983	1,500 Walk	W45	Sheila Chapman	0.10:09.00
28/10/1989	1,500 Walk	W45	Merrall Smith	0.12:55.00
1/11/2003	1,500 Walk	W45	Di Fry	0.09:20.40
18/11/1989	1,500walk	W50	Dot Anderson	0.11:09.00
8/02/2012	1,500walk	W50	Lorna England	0.14:42.49
30/01/2013	1,500walk	W50	Di Fry	0.09:52.44
13/01/1990	1,500 Walk	W55	Dot Anderson	0.10:36.71
10/03/1990	1,500 Walk	W55	Dot Anderson	0.10:27.11

Albany Athletics Club**Women's Records**

Date	Event	Group	Name	Time
16/02/1991	1,500 Walk	W55	Dot Anderson	0.10:26.08
9/12/2009	1,500 Walk	W55	Barbara Wilson	0.10:13.67
2/01/2013	1,500 Walk	W60	Barbara Wilson	0.10:18.65
4/02/2015	1,500 Walk	W70	Kath Hannig	0.13:15.46
18/01/1992	Long Jump	WU14	Jennifer Smith	2.93
31/10/1992	Long Jump	WU14	Natalie Wilson	3.51
1979/80	Long Jump	U16	P Hall	4.97
1979/80	Long Jump	U18	A Gittins	5.00
1984/85	Long Jump	WU20	Tracey Menegola	4.86
1979/80	Long Jump	WOpen	G Walker	4.89
24/11/1979	Long Jump	W30	Pam Keen	3.25
1979/80	Long Jump	W30	Pam Keen	3.73
27/03/1982	Long Jump	W30	Jenny Dul	3.85
1982/83	Long Jump	W30	Barbara Wilson	4.13
1984/85	Long Jump	W30	Barbara Wilson	4.21
6/12/1986	Long Jump	W30	Pauline Dawson	4.45
12/03/1988	Long Jump	W30	Linda Noble	4.51
1979/80	Long Jump	W35	Margaret Goymer	3.45
11/10/1986	Long Jump	W35	Barbara Wilson	4.10
5/12/1987	Long Jump	W35	Barbara Wilson	4.34
28/02/1987	Long Jump	W35	Barbara Wilson	4.30
12/03/1988	Long Jump	W35	Barbara Wilson	4.40
5/01/1991	Long Jump	W35	Virginia Mercer	4.50
5/12/1992	Long Jump	W35	Virginia Mercer	4.62
1979/80	Long Jump	W40	Dot Anderson	4.27
21/12/1991	Long Jump	W40	Barbara Wilson	4.30
15/02/1992	Long Jump	W40	Barbara Wilson	4.38
12/12/1992	Long Jump	W40	Barbara Wilson	4.40
24/11/1998	Long Jump	W45	Barbara Wilson	3.21
22/12/1998	Long Jump	W45	Barbara Wilson	3.73
25/01/2001	Long Jump	W45	Barbara Wilson	4.01
1986/87	Long Jump	W50	Alma Macaulay	1.81
5/12/1987	Long Jump	W50	Dot Anderson	3.90
23/03/2002	Long Jump	W50	Barbara Wilson	4.02
20/01/1990	Long Jump	W55	Dot Anderson	3.61
10/03/1990	Long Jump	W55	Dot Anderson	3.70
10/11/1990	Long Jump	W55	Dot Anderson	3.78
9/12/2009	Long Jump	W55	Barbara Wilson	3.98
23/02/2011	Long Jump	W60	Carey Dickason	2.02
26/10/2011	Long Jump	W60	Barbara Wilson	3.13
1/02/2012	Long Jump	W60	Barbara Wilson	3.13
23/01/2013	Long Jump	W60	Barbara Wilson	3.24
13/02/2013	Long Jump	W60	Barbara Wilson	3.67
28/10/2009	Long Jump	W65	Kath Hannig	1.78
20/01/2010	Long Jump	W65	Brenda Painter	2.67
17/02/2010	Long Jump	W65	Brenda Painter	2.73
7/04/2010	Long Jump	W65	Brenda Painter	2.92
3/12/2014	Long Jump	W70	Brenda Painter	2.48
7/01/2014	Long Jump	W70	Brenda Painter	2.58
19/03/1978	High Jump	SubJun	M Jones	1.50
7/11/1983	High Jump	WU14	E Woolhouse	1.30
9/11/1991	High Jump	WU14	Natalie Wilson	1.15

Albany Athletics Club**Women's Records**

Date	Event	Group	Name	Time
19/12/1992	High Jump	WU14	Natalie Wilson	1.15
6/03/1993	High Jump	WU14	Natalie Wilson	1.15
28/01/1995	High Jump	WU14	Tracey Bocian	1.15
22/10/1983	High Jump	WU16	Karen Carter	1.25
29/10/1983	High Jump	WU16	Lara Hotop	1.25
15/10/1986	High Jump	WU16	Tracey Lockhart	1.25
17/10/1987	High Jump	WU16	Shiralee Grayson	1.25
31/10/2012	High Jump	WU16	Zoe Wolfe	1.15
30/01/2013	High Jump	WU16	Zoe Wolfe	1.15
20/02/2013	High Jump	WU16	Zoe Wolfe	1.15
1978/79	High Jump	WU18	A Gittins	1.48
1/10/1983	High Jump	WU18	Tracey Menegola	1.50
22/10/1983	High Jump	WU18	Tracey Menegola	1.55
17/01/1987	High Jump	WU18	L Cunnold	1.55
7/01/1995	High Jump	WU20	Ruth Claughton	1.30
17/11/1979	High Jump	WOpen	Kerry Pepall	1.15
23/03/1980	High Jump	WOpen	Kerry Pepall	1.20
31/01/1981	High Jump	WOpen	Pauline Dawson	1.30
12/03/1983	High Jump	WOpen	Diane Williams	1.35
7/10/1989	High Jump	WOpen	Tracey Menegola	1.45
28/10/1989	High Jump	WOpen	Tracey Menegola	1.45
18/11/1989	High Jump	WOpen	Tracey Menegola	1.50
10/03/1990	High Jump	WOpen	Tracey Menegola	1.50
1978/79	High Jump	W30	Margaret Goymer	1.15
4/10/1986	High Jump	W30	Linda Noble	1.15
15/11/1986	High Jump	W30	Linda Noble	1.25
18/11/1989	High Jump	W30	Di Fry	1.25
10/02/1990	High Jump	W30	Di Fry	1.27
10/03/1990	High Jump	W30	Di Fry	1.30
28/11/1992	High Jump	W30	Janine Bennet	1.30
23/03/1980	High Jump	W35	Lynette Hipper	1.10
29/11/1986	High Jump	W35	Barbara Wilson	1.25
17/01/1987	High Jump	W35	Barbara Wilson	1.30
1978/79	High Jump	W40	Dot Anderson	1.15
19/10/1991	High Jump	W40	Barbara Wilson	1.20
30/11/1991	High Jump	W40	Barbara Wilson	1.25
6/12/2003	High Jump	W45	Di Fry	1.15
16/01/1988	High Jump	W50	Dot Anderson	1.10
13/01/1990	High Jump	W55	Dot Anderson	1.10
2/11/2011	High Jump	W60	Barbara Wilson	1.03
2/12/2009	High Jump	W65	Brenda Painter	0.80
24/11/2010	High Jump	W65	Brenda Painter	1.10
19/11/2014	High Jump	W70	Brenda Painter	0.90
14/01/2015	High Jump	W70	Brenda Painter	0.95
18/11/2015	High Jump	W70	Brenda Painter	1.00
15/10/1983	Triple Jump	U14	Lara Hotop	8.60
4/03/1995	Triple Jump	U14	Tracey Bocian	7.61
	Triple Jump	U14		7.92
28/10/1995	Triple Jump	U14	Tracey Bocian	8.52
1978/79	Triple Jump	U16	A Gittins	10.26
5/03/1983	Triple Jump	U16	Karen Pearce	10.36
1978/79	Triple Jump	U18	D Jackson	10.15

Albany Athletics Club**Women's Records**

Date	Event	Group	Name	Time
5/03/1983	Triple Jump	U18	Tracey Menegola	10.50
1984/85	Triple Jump	WU20	Tracey Menegola	9.86
1978/79	Triple Jump	WOpen	G Walker	10.00
23/02/1980	Triple Jump	W30	Pam Keen	7.00
1981/82	Triple Jump	W30	Jenny Dul	7.08
14/01/1984	Triple Jump	W30	Barbara Wilson	8.14
1983/84	Triple Jump	W30	Barbara Wilson	8.76
14/02/1987	Triple Jump	W30	Pauline Dawson	8.95
15/11/1986	Triple Jump	W30	Pauline Dawson	9.50
27/02/1988	Triple Jump	W30	Pauline Dawson	9.73
1/12/1979	Triple Jump	W35	Lynette Hipper	6.30
22/03/1980	Triple Jump	W35	Lynette Hipper	6.50
15/11/1986	Triple Jump	W35	Barbara Wilson	8.70
26/03/1988	Triple Jump	W35	Barbara Wilson	9.10
8/12/1990	Triple Jump	W35	Pauline Dawson	9.12
9/02/1991	Triple Jump	W35	Pauline Dawson	9.20
26/10/1991	Triple Jump	W35	Pauline Dawson	9.30
20/11/1993	Triple Jump	W35	Pauline Dawson	9.34
3/12/1977	Triple Jump	W40	Dot Anderson	7.80
1978/79	Triple Jump	W40	Dot Anderson	8.15
26/10/1991	Triple Jump	W40	Barbara Wilson	8.99
24/10/1992	Triple Jump	W40	Barbara Wilson	9.01
16/12/1995	Triple Jump	W40	Pauline Dawson	9.33
10/02/1996	Triple Jump	W40	Pauline Dawson	9.53
6/12/2008	Triple Jump	W45	Lorna England	4.53
28/01/2009	Triple Jump	W45	Lorna England	4.59
9/11/2011	Triple Jump	W45	Diane Evers	6.22
7/03/2012	Triple Jump	W45	Diane Evers	6.45
7/11/2012	Triple Jump	W45	Diane Evers	6.57
14/11/1987	Triple Jump	W50	Dot Anderson	6.98
12/12/1987	Triple Jump	W50	Dot Anderson	7.97
6/01/1990	Triple Jump	W55	Dot Anderson	7.36
27/01/1990	Triple Jump	W55	Dot Anderson	8.27
30/03/2011	Triple Jump	W60	Carey Dickason	5.26
9/11/2011	Triple Jump	W60	Barbara Wilson	6.44
30/11/2011	Triple Jump	W60	Barbara Wilson	6.88
4/01/2012	Triple Jump	W60	Barbara Wilson	6.88
13/02/2013	Triple Jump	W60	Barbara Wilson	7.14
11/02/2015	Triple Jump	W60	Barbara Wilson	7.20
25/11/2009	Triple Jump	W65	Brenda Painter	5.98
13/01/2010	Triple Jump	W65	Brenda Painter	6.25
24/03/2010	Triple Jump	W65	Brenda Painter	6.52
26/01/2011	Triple Jump	W65	Brenda Painter	6.73
30/03/2011	Triple Jump	W65	Brenda Painter	6.80
15/02/2012	Triple Jump	W65	Brenda Painter	6.83
21/01/2015	Triple Jump	W70	Brenda Painter	5.54
4/03/2015	Triple Jump	W70	Brenda Painter	5.68
25/03/2015	Triple Jump	W70	Brenda Painter	5.84
10/02/2016	Triple Jump	W70	Brenda Painter	6.12
29/10/1983	Shot Put	WU14	At Paulenko	6.40
4/01/1992	Shot Put	4kg WU14	Jennifer Smith	7.93
28/11/1992	Shot Put	3kg U14	Jennifer Smith	8.53

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Date	Event	Group	Name	Time
23/01/1993	Shot Put	3kg U14	Jennifer Smith	9.01
26/11/1977	Shot Put	4kg U16	Sandra McKimm	10.30
1978/79	Shot Put	4kg U18	Sandra McKimm	10.15
23/01/1993	Shot Put	3kg U14	Jennifer Smith	9.01
1978/79	Shot Put	4kg WOpen	G Walker	10.77
26/11/1977	Shot Put	4kg W30	Chris Matthews	6.55
1979/80	Shot Put	4kg W30	Pam Keen	7.20
15/10/1983	Shot Put	4kg W30	Jenny Dul	7.45
29/10/1983	Shot Put	4kg W30	Barbara Wilson	7.70
10/12/1983	Shot Put	4kg W30	Barbara Wilson	7.90
1984/85	Shot Put	4kg W30	Barbara Wilson	8.50
19/11/1977	Shot Put	W35	Margaret Goymer	6.60
4/10/1986	Shot Put	4kg W35	Barbara Wilson	7.09
29/11/1986	Shot Put	4kg W35	Barbara Wilson	7.29
10/01/1987	Shot Put	4kg W35	Barbara Wilson	7.42
1986/87	Shot Put	4kg W35	Barbara Wilson	7.60
5/03/1988	Shot Put	4kg W35	Barbara Wilson	8.06
19/11/1977	Shot Put	W40	Dot Anderson	8.15
26/11/1977	Shot Put	W40	Dot Anderson	8.25
1978/79	Shot Put	W40	Dot Anderson	8.96
4/01/1992	Shot Put	W40	Barbara Wilson	7.56
15/10/1977	Shot Put	W45	Nancye Johnston	4.60
1978/79	Shot Put	W45	Nancye Johnston	5.12
25/11/1989	Shot Put	W45	Merrall Smith	5.38
20/01/1990	Shot Put	W45	Merrall Smith	5.67
22/12/1998	Shot Put	W45	Barbara Wilson	6.82
25/01/2001	Shot Put	W45	Barbara Wilson	7.02
14/03/2012	Shot Put	W45	Diane Evers	7.06
1986/87	Shot Put	W50	Alma Macaulay	4.72
28/11/1987	Shot Put	W50	Dot Anderson	8.43
28/11/1987	Shot Put	W50	Dot Anderson	8.63
20/01/1990	Shot Put	W55	Dot Anderson	8.26
7/02/2007	Shot Put	W55	Barbara Wilson	8.64
23/02/2011	Shot Put	W60	Carey Dickason	5.46
26/10/2011	Shot Put	W60	Barbara Wilson	6.89
1/02/2012	Shot Put	W60	Barbara Wilson	6.89
22/02/2012	Shot Put	W60	Barbara Wilson	6.97
14/11/2012	Shot Put	W60	Barbara Wilson	7.12
6/03/2013	Shot Put	W60	Barbara Wilson	7.28
28/10/2009	Shot Put	W65	Kath Hannig	3.42
9/12/2009	Shot Put	W65	Brenda Painter	5.91
17/11/2016	Shot Put	W65	Barbara Wilson	7.11
7/01/2015	Shot Put	W70	Brenda Painter	5.43
22/02/2017	Shot Put	W70	Brenda Painter	5.47
26/10/1991	Discus	1kg U14	Jennifer Smith	21.51
22/10/1977	Discus	1kg U16	Sandra McKimm	35.05
10/12/1977	Discus	1kg U16	Sandra McKimm	36.45
1978/79	Discus	1kg U18	L Gittins	37.17
1978/79	Discus	1kg WOpen	K Heatley	20.40
1983/84	Discus	1kg WOpen	Linda Noble	22.10
1983/84	Discus	1kg WOpen	Linda Noble	23.68
24/11/1979	Discus	1kg W30	Pam Keen	15.55

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Date	Event	Group	Name	Time
16/02/1980	Discus	1kg W30	Pam Keen	16.75
22/03/1980	Discus	1kg W30	Pam Keen	16.80
1982/83	Discus	1kg W30	Jenny Dul	16.89
1984/85	Discus	1kg W30	Barbara Wilson	18.76
11/10/1986	Discus	1kg W30	Linda Noble	19.30
22/11/1986	Discus	1kg W30	Linda Noble	21.97
9/01/1988	Discus	1kg W30	Pauline Dawson	22.95
20/02/1988	Discus	1kg W30	Linda Noble	24.45
27/02/1988	Discus	1kg W30	Linda Noble	24.70
29/10/1977	Discus	1kg W35	Margaret Goymer	19.30
24/10/1987	Discus	1kg W35	Barbara Wilson	20.05
20/02/1988	Discus	1kg W35	Barbara Wilson	20.55
16/11/1991	Discus	1kg W35	Linda Noble	21.08
7/03/1992	Discus	1kg W35	Linda Noble	21.15
10/02/1996	Discus	1kg W35	Linda Noble	21.44
3/12/1977	Discus	1kg W40	Dot Anderson	19.35
10/12/1977	Discus	1kg W40	Dot Anderson	20.30
8/02/1992	Discus	1kg W40	Barbara Wilson	20.45
	Discus	1kg W40		21.85
30/03/1996	Discus	1kg W40	Barbara Wilson	23.02
1978/79	Discus	1kg W45	Nancye Johnston	14.05
11/11/1989	Discus	1kg W45	Merrall Smith	14.05
9/02/1999	Discus	1kg W45	Barbara Wilson	16.49
16/12/2009	Discus	1kg W45	Lorna England	18.22
1986/87	Discus	1kg W50	Alma Macaulay	9.95
5/12/1987	Discus	1kg W50	Dot Anderson	15.10
23/01/1988	Discus	1kg W50	Dot Anderson	15.31
27/10/1988	Discus	1kg W50	Dot Anderson	16.40
19/01/2002	Discus	1kg W50	Barbara Wilson	17.49
	Discus	1kg W50		20.35
19/03/2002	Discus	1kg W50	Barbara Wilson	20.51
10/11/2004	Discus	1kg W50	Barbara Wilson	21.06
6/01/1990	Discus	1kg W55	Dot Anderson	15.43
24/02/1990	Discus	1kg W55	Dot Anderson	17.82
28/03/2007	Discus	1kg W55	Barbara Wilson	19.26
11/02/2009	Discus	1kg W55	Barbara Wilson	20.26
30/03/2011	Discus	1kg W60	Carey Dickason	15.24
9/11/2011	Discus	1kg W60	Barbara Wilson	16.35
4/01/2012	Discus	1kg W60	Barbara Wilson	16.78
6/02/2013	Discus	1kg W60	Barbara Wilson	18.69
11/11/2009	Discus	1kg W65	Kath Hannig	10.20
25/11/2009	Discus	1kg W65	Brenda Painter	12.76
7/03/2012	Discus	1kg W65	Brenda Painter	12.85
1/12/2016	Discus	1kg W65	Barbara Wilson	16.26
21/01/2015	Discus	1kg W70	Brenda Painter	9.90
11/02/2015	Discus	1kg W70	Brenda Painter	10.05
4/11/2015	Discus	1kg W70	Brenda Painter	10.44
19/11/1983	Javelin	WU14	K Walsh	10.50
14/12/1991	Javelin	600g WU14	Jennifer Smith	18.62
14/03/1992	Javelin	600g WU14	Jennifer Smith	19.62
21/11/1992	Javelin	600g WU14	Jennifer Smith	20.54
1978/79	Javelin	500g U16	A Gittins	28.35

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Date	Event	Group	Name	Time
10/03/1990	Javelin	600g U16	Marcia Lomas	10.64
14/12/1991	Javelin	600g U16	Kristy Howlett	24.83
1978/79	Javelin	600g U18	A Gittins	32.55
1978/79	Javelin	600g WOpen	M Stawell	15.31
31/01/1981	Javelin	600g WOpen	Pauline Dawson	17.60
1980/81	Javelin	600g WOpen	Pauline Dawson	17.75
1980/81	Javelin	600g WOpen	Lorraine Luscombe	17.75
27/11/1982	Javelin	600g WOpen	Carol Coombe	19.53
1978/79	Javelin	600g W30	M Stawell	15.31
19/11/1983	Javelin	600g W30	Lorraine Luscombe	16.12
7/01/1984	Javelin	600g W30	Lorraine Luscombe	16.50
1984/85	Javelin	600g W30	Barbara Wilson	18.06
1986/87	Javelin	600g W30	Pauline Dawson	20.83
25/10/1986	Javelin	600g W30	Pauline Dawson	20.92
21/02/1987	Javelin	600g W30	Pauline Dawson	22.39
7/03/1987	Javelin	W30	Pauline Dawson	22.58
22/02/1988	Javelin	W30	Pauline Dawson	22.65
27/02/1988	Javelin	W30	Pauline Dawson	22.80
19/11/1988	Javelin	W30	Pauline Dawson	22.85
1981/82	Javelin	W35	J Biddulph	11.70
25/10/1986	Javelin	W35	Barbara Wilson	18.46
10/01/1987	Javelin	W35	Barbara Wilson	20.56
24/10/1987	Javelin	W35	Barbara Wilson	21.24
3/11/1990	Javelin	W35	Pauline Dawson	22.90
18/01/1992	Javelin	W35	Pauline Dawson	22.96
14/03/1992	Javelin	W35	Pauline Dawson	22.97
10/10/1992	Javelin	600g W35	Pauline Dawson	24.40
8/12/1979	Javelin	W40	Margaret Farley	16.00
27/11/1982	Javelin	W40	Sheila Chapman	19.50
14/12/1991	Javelin	W40	Barbara Wilson	19.92
20/02/1993	Javelin	600g W40	Barbara Wilson	20.02
26/11/1994	Javelin	600g W40	Barbara Wilson	20.60
21/10/1995	Javelin	600g W40	Pauline Dawson	21.64
11/11/1995	Javelin	600g W40	Pauline Dawson	21.85
9/12/1995	Javelin	600g W40	Pauline Dawson	22.35
13/01/1996	Javelin	600g W40	Pauline Dawson	23.50
1978/79	Javelin	600g W45	Nancye Johnston	11.30
28/10/1989	Javelin	600g W45	Merrall Smith	13.30
15/12/1998	Javelin	600g W45	Barbara Wilson	18.35
15/02/2000	Javelin	600g W45	Barbara Wilson	18.45
7/03/2000	Javelin	600g W45	Barbara Wilson	18.74
16/11/2000	Javelin	600g W45	Barbara Wilson	19.02
1986/87	Javelin	W50	Alma Macaulay	11.55
18/11/1989	Javelin	W50	Dot Anderson	13.88
12/01/2002	Javelin	400g W50	Barbara Wilson	15.52
2/02/2002	Javelin	400g W50	Barbara Wilson	16.85
5/03/2002	Javelin	400g W50	Barbara Wilson	19.03
	Javelin	500g W50		20.21
22/03/2006	Javelin	500g W50	Barbara Wilson	21.03
13/01/1990	Javelin	400g W55	Dot Anderson	16.46
17/02/2007	Javelin	W55	Barbara Wilson	18.00
2/01/2008	Javelin	W55	Barbara Wilson	18.00

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Date	Event	Group	Name	Time
18/03/2009	Javelin	W55	Barbara Wilson	18.02
27/01/2010	Javelin	W55	Barbara Wilson	18.25
2/03/2011	Javelin	W60	Carey Dickason	13.75
23/03/2011	Javelin	W60	Carey Dickason	13.80
2/11/2011	Javelin	W60	Barbara Wilson	17.13
23/11/2011	Javelin	W60	Barbara Wilson	17.59
14/12/2011	Javelin	W60	Barbara Wilson	17.84
12/12/2012	Javelin	W60	Barbara Wilson	18.43
20/02/2013	Javelin	W60	Barbara Wilson	20.38
2/12/2009	Javelin	W65	Brenda Painter	12.96
6/01/2010	Javelin	W65	Brenda Painter	13.85
17/03/2010	Javelin	W65	Brenda Painter	14.55
2/03/2011	Javelin	W65	Brenda Painter	16.17
19/11/2014	Javelin	500g W70	Brenda Painter	10.75
14/01/2015	Javelin	500g W70	Brenda Painter	10.96
25/02/2015	Javelin	500g W70	Brenda Painter	12.48
9/12/2015	Javelin	500g W70	Brenda Painter	13.43