

Albany Athletics Club

Women's Records

Date	Event	Group	Name	Time	Where
19/12/92	60m	WU14	Natalie Wilson	0.00:10.07	
25/10/95	60m	WU14	Tracey Bocian	0.00:09.78	
11/01/17	60m	WU14	Sabriel Denehy	0.00:09.70	
22/02/17	60m	WU14	Sabriel Denehy	0.00:09.51	
15/03/17	60m	WU14	Sabriel Denehy	0.00:09.41	
1978/79	60m	WU16	T Manning	0.00:08.54	
23/02/80	60m	WU16	Michele Creek	0.00:08.53	
29/11/80	60m	WU16	Tracey Menegola	0.00:08.29	
5/11/83	60m	WU16	Lara Hotop	0.00:08.22	
10/12/83	60m	WU16	K Cunningham	0.00:08.21	
19/10/91	60m	WU16	Kristy Howlett	0.00:07.88	
1979/80	60m	WU18	D Jackson	0.00:07.80	
1984/85	60m	WU20	Tracey Menegola	0.00:08.14	
23/02/80	60m	WOpen	Jenny Dul	0.00:09.56	
19/10/80	60m	WOpen	Pauline Dawson	0.00:08.73	
29/11/80	60m	WOpen	Pauline Dawson	0.00:08.55	
1981/82	60m	WOpen	Pauline Dawson	0.00:08.40	
10/12/83	60m	WOpen	Pauline Dawson	0.00:08.25	
28/10/89	60m	WOpen	Tracey Menegola	0.00:07.97	
1/12/79	60m	W30	Pam Keen	0.00:09.70	
23/02/80	60m	W30	Pam Keen	0.00:09.59	
1981/82	60m	W30	Jenny Dul	0.00:08.59	
10/12/83	60m	W30	Barbara Wilson	0.00:08.44	
11/10/86	60m	W30	Pauline Dawson	0.00:08.26	
1986/87	60m	W30	Pauline Dawson	0.00:08.25	
26/03/88	60m	W30	Pauline Dawson	0.00:08.21	
8/10/88	60m	W30	Pauline Dawson	0.00:07.99	
??1989	60m	W30	Pauline Dawson	0.00:07.88	
1979/80	60m	W35	Lynette Hipper	0.00:10.25	
19/10/80	60m	W35	J Biddulph	0.00:09.98	
1981/82	60m	W35	J Biddulph	0.00:09.48	
11/10/86	60m	W35	Barbara Wilson	0.00:09.26	
12/12/87	60m	W35	Barbara Wilson	0.00:09.22	
26/03/88	60m	W35	Barbara Wilson	0.00:09.20	
8/10/88	60m	W35	Barbara Wilson	0.00:09.02	
5/01/91	60m	W35	Pauline Dawson	0.00:08.70	
26/01/91	60m	W35	Pauline Dawson	0.00:08.62	
23/02/91	60m	W35	Pauline Dawson	0.00:08.52	
19/10/91	60m	W35	Pauline Dawson	0.00:08.41	
30/11/91	60m	W35	Pauline Dawson	0.00:08.34	
21/03/92	60m	W35	Pauline Dawson	0.00:08.34	
19/10/80	60m	W40	Margaret Farley	0.00:11.69	
20/11/82	60m	W40	Sheila Chapman	0.00:10.02	
1986/87	60m	W40	C Drummond	0.00:09.45	
19/10/91	60m	W40	Barbara Wilson	0.00:09.35	
30/11/91	60m	W40	Barbara Wilson	0.00:09.12	
23/10/93	60m	W40	Barbara Wilson	0.00:09.09	
25/10/95	60m	W40	Pauline Dawson	0.00:09.09	
4/11/95	60m	W40	Pauline Dawson	0.00:09.09	
25/11/95	60m	W40	Pauline Dawson	0.00:08.37	
1979/80	60m	W45	Nancye Johnston	0.00:11.20	
28/10/89	60m	W45	Merrall Smith	0.00:10.66	
22/12/98	60m	W45	Barbara Wilson	0.00:10.39	

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Date	Event	Group	Name	Time	Where
2/02/99	60m	W45	Barbara Wilson	0.00:09.88	
23/11/00	60m	W45	Barbara Wilson	0.00:09.63	
23/11/00	60m	W45	Barbara Wilson	0.00:09.45	
5/12/87	60m	W50	Dot Anderson	0.00:10.08	
12/12/87	60m	W50	Dot Anderson	0.00:09.62	
29/10/88	60m	W50	Dot Anderson	0.00:09.50	
16/02/02	60m	W50	Barbara Wilson	0.00:09.42	
13/01/90	60m	W55	Dot Anderson	0.00:10.00	
26/10/11	60m	W60	Barbara Wilson	0.00:10.72	
28/10/09	60m	W65	Kath Hannig	0.00:14.30	
18/11/09	60m	W65	Brenda Painter	0.00:10.97	
17/02/10	60m	W65	Brenda Painter	0.00:10.95	
24/02/10	60m	W65	Brenda Painter	0.00:10.74	
10/03/10	60m	W65	Brenda Painter	0.00:10.87	
8/12/10	60m	W65	Brenda Painter	0.00:10.53	
3/12/14	60m	W70	Brenda Painter	0.00:11.22	
22/02/17	60m	W70	Brenda Painter	0.00:10.99	
29/10/83	100m	WU14	Lara Hotop	0.00:13.43	
31/10/92	100m	WU14	Natalie Wilson	0.00:16.53	
4/02/95	100m	WU14	Tracey Bocian	0.00:15.83	
21/10/95	100m	WU14	Tracey Bocian	0.00:15.60	
1979/80	100m	WU16	D Jackson	0.00:12.10	
1979/80	100m	WU18	L Braimbridge	0.00:12.20	
26/11/83	100m	WU20	J Waldhuter	0.00:16.20	
4/10/86	100m	WU20	G Hille	0.00:14.86	
4/02/95	100m	WU20	Ruth Cloughton	0.00:13.78	
1979/80	100m	WOpen	G Walker	0.00:12.80	
1979/80	100m	W30	L Gray	0.00:14.20	
29/11/86	100m	W30	Pauline Dawson	0.00:13.65	
1986/87	100m	W30	Pauline Dawson	0.00:13.41	
15/10/88	100m	W30	Pauline Dawson	0.00:13.35	
17/11/79	100m	W35	Glenys Waldhuter	0.00:19.21	
15/12/79	100m	W35	Glenys Waldhuter	0.00:18.03	
22/03/80	100m	W35	Lynette Hipper	0.00:17.57	
1984/85	100m	W35	J Biddulph	0.00:16.10	
29/11/86	100m	W35	Barbara Wilson	0.00:14.92	
17/01/87	100m	W35	Barbara Wilson	0.00:14.57	
1986/87	100m	W35	Barbara Wilson	0.00:14.15	
3/11/90	100m	W35	Virginia Mercer	0.00:14.15	
15/12/90	100m	W35	Pauline Dawson	0.00:13.94	
16/02/91	100m	W35	Pauline Dawson	0.00:13.45	
??1992	100m	W35	Pauline Dawson	0.00:12.58	
3/12/77	100m	W40	Dot Anderson	0.00:16.00	
18/03/78	100m	W40	Dot Anderson	0.00:14.10	
11/11/95	100m	W40	Pauline Dawson	0.00:14.03	
16/03/96	100m	W40	Pauline Dawson	0.00:13.88	
19/11/77	100m	Wvet	Nancye Johnston	0.00:19.20	
1979/80	100m	W45	Nancye Johnston	0.00:18.30	
4/11/89	100m	W45	Merrall Smith	0.00:17.73	
19/01/99	100m	W45	Barbara Wilson	0.00:15.58	
9/11/00	100m	W45	Barbara Wilson	0.00:15.08	
16/01/88	100m	W50	Dot Anderson	0.00:16.38	
??2002	100m	W50	Barbara Wilson	0.00:16.24	

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Date	Event	Group	Name	Time	Where
20/01/90	100m	W55	Dot Anderson	0.00:16.38	
30/03/11	100m	W60	Carey Dickason	0.00:28.29	
9/11/11	100m	W60	Barbara Wilson	0.00:19.35	
7/11/12	100m	W60	Barbara Wilson	0.00:17.13	
11/11/09	100m	W65	Kath Hannig	0.00:23.72	
25/11/09	100m	W65	Brenda Painter	0.00:18.92	
10/02/10	100m	W65	Brenda Painter	0.00:17.70	
9/11/11	100m	W65	Brenda Painter	0.00:17.55	
??2012	100m	W65	Brenda Painter	0.00:17.10	
21/01/15	100m	W70	Brenda Painter	0.00:19.28	
12/02/92	100 yds	WU16	Kristy Howlett	0.00:11.28	
12/02/92	100 yds	WU18	Lisa Crichton	0.00:13.20	
10/02/93	100 yds	WU18	Ruth Claughton	0.00:12.74	
15/12/93	100 yds	WU18	Ruth Claughton	0.00:12.74	
10/12/97	100 yds	WOpen	Meeghan Clay	0.00:15.58	
12/02/92	100 yds	W30	Di Fry	0.00:13.62	
12/02/92	100 yds	W35	Linda Noble	0.00:13.60	
14/12/94	100 yds	W35	Pauline Dawson	0.00:12.74	
12/02/92	100 yds	W40	Ruth Claughton	0.00:13.23	
10/12/97	100 yds	W45	Barbara Wilson	0.00:14.30	
29/01/02	100 yds	W50	Barbara Wilson	0.00:14.49	
16/12/09	100 yds	W55	Barbara Wilson	0.00:17.22	
14/12/11	100 yds	W60	Barbara Wilson	0.00:16.99	
19/12/12	100 yds	W60	Barbara Wilson	0.00:16.92	
16/12/09	100 yds	W65	Kath Hannig	0.00:21.63	
19/12/12	100yds	W65	Brenda Painter	0.00:15.81	
16/12/15	100yds	W70	Brenda Painter	0.00:17.42	
24/10/92	200m	WU14	Natalie Wilson	0.00:35.21	
17/12/94	200m	WU14	Tracey Bocian	0.00:35.18	
1979/80	200m	WU16	D Jackson	0.00:26.50	
1979/80	200m	WU18	L Braimbridge	0.00:25.20	
1984/85	200m	WU20	G Freeman	0.00:28.80	
1978/79	200m	WOpen	L Gray	0.00:31.80	
16/02/80	200m	WOpen	Kerry Pepall	0.00:31.77	
31/01/81	200m	WOpen	Pauline Dawson	0.00:28.88	
1984/85	200m	WOpen	Pauline Dawson	0.00:28.44	
6/12/86	200m	WOpen	Julie Mair McDonald	0.00:27.73	
1979/80	200m	W30	L Gray	0.00:31.80	
7/01/84	200m	W30	Barbara Wilson	0.00:31.78	
1984/85	200m	W30	Barbara Wilson	0.00:30.90	
11/10/86	200m	W30	Pauline Dawson	0.00:28.47	
9/01/88	200m	W30	Pauline Dawson	0.00:28.07	
24/11/79	200m	W35	Glenys Waldhuter	0.00:39.50	
23/03/80	200m	W35	Lynette Hipper	0.00:39.00	
1981/82	200m	W35	J Biddulph	0.00:35.34	
1983/84	200m	W35	Glenys Waldhuter	0.00:35.00	
11/10/86	200m	W35	Barbara Wilson	0.00:32.52	
22/11/86	200m	W35	Barbara Wilson	0.00:32.25	
6/12/86	200m	W35	Barbara Wilson	0.00:31.94	
14/03/87	200m	W35	Barbara Wilson	0.00:31.15	
27/10/90	200m	W35	Barbara Wilson	0.00:30.97	
17/11/90	200m	W35	Pauline Dawson	0.00:30.81	
5/10/91	200m	W35	Pauline Dawson	0.00:28.83	

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Date	Event	Group	Name	Time	Where
16/11/91	200m	W35	Pauline Dawson	0.00:28.64	
7/12/91	200m	W35	Pauline Dawson	0.00:27.80	
15/10/77	200m	W40	Nancye Johnston	0.00:43.50	
26/11/77	200m	W40	Dot Anderson	0.00:33.05	
1979/80	200m	W40	Dot Anderson	0.00:31.30	
7/12/91	200m	W40	Barbara Wilson	0.00:30.82	
16/12/95	200m	W40	Pauline Dawson	0.00:29.02	
1979/80	200m	W45	Nancye Johnston	0.00:40.04	
15/02/00	200m	W45	Barbara Wilson	0.00:35.31	
7/03/00	200m	W45	Barbara Wilson	0.00:34.71	
7/12/00	200m	W45	Barbara Wilson	0.00:33.87	
22/10/88	200m	W50	Dot Anderson	0.00:33.14	
6/01/90	200m	W55	Dot Anderson	0.00:34.41	
24/02/90	200m	W55	Dot Anderson	0.00:32.06	
23/03/11	200m	W60	Carey Dickason	0.00:51.00	
2/11/11	200m	W60	Barbara Wilson	0.00:40.30	
2/12/09	200m	W65	Brenda Painter	0.00:44.06	
6/01/10	200m	W65	Brenda Painter	0.00:43.10	
27/01/10	200m	W65	Brenda Painter	0.00:41.03	
17/03/10	200m	W65	Brenda Painter	0.00:39.02	
7/04/10	200m	W65	Brenda Painter	0.00:38.22	
19/11/14	200m	W70	Brenda Painter	0.00:45.41	
25/02/15	200m	W70	Brenda Painter	0.00:45.30	
18/11/15	200m	W70	Brenda Painter	0.00:44.27	
15/10/83	400m	WU14	Lara Hotop	0.01:10.57	
7/01/95	400m	WU14	Tracey Bocian	0.01:11.15	
1979/80	400m	WU16	L Braimbridge	0.01:02.30	
1979/80	400m	WU18	L Braimbridge	0.01:01.30	
4/01/01	400m	WU18	Katherine Hancock	0.00:61.17	
7/01/95	400m	WU20	Ruth Claughton	0.00:63.50	
17/11/79	400m	WOpen	Jenny Dul	0.01:17.85	
20/03/80	400m	WOpen	Kerry Pepall	0.01:13.16	
15/11/80	400m	WOpen	D Jackson	0.01:09.49	
12/03/83	400m	WOpen	Pauline Dawson	0.01:05.83	
15/11/86	400m	WOpen	Julie Mair McDonald	0.01:04.03	
29/11/86	400m	WOpen	Julie Mair McDonald	0.01:03.26	
15/12/79	400m	W30	Pam Keen	0.01:19.00	
15/10/83	400m	W30	Marilyn Lawrie	0.01:12.02	
29/10/83	400m	W30	Marilyn Lawrie	0.01:14.19	
1983/84	400m	W30	Barbara Wilson	0.01:13.31	
14/01/84	400m	W30	Barbara Wilson	0.01:11.16	
1986/87	400m	W30	Pauline Dawson	0.01:06.32	
1978/79	400m	W35	Margaret Goymer	0.01:31.00	
1979/80	400m	W35	Lynette Hipper	0.01:22.00	
15/11/86	400m	W35	Barbara Wilson	0.01:11.47	
12/12/87	400m	W35	Barbara Wilson	0.01:11.34	
26/11/88	400m	W35	Barbara Wilson	0.01:10.00	
25/11/89	400m	W35	Barbara Wilson	0.01:08.13	
23/02/91	400m	W35	Pauline Dawson	0.01:05.07	
1979/80	400m	W40	Dot Anderson	0.01:08.60	
1979/80	400m	W45	Nancye Johnston	0.01:39.00	
25/11/89	400m	W45	Merrall Smith	0.01:37.73	
23/11/00	400m	W45	Barbara Wilson	0.01:15.99	

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Date	Event	Group	Name	Time	Where
1986/87	400m	W50	Alma Macaulay	0.02:00.96	
28/11/87	400m	W50	Dot Anderson	0.01:21.05	
12/12/87	400m	W50	Dot Anderson	0.01:15.13	
20/01/90	400m	W55	Dot Anderson	0.00:78.66	
7/12/11	400m	W60	Carey Dickason	0.01:54.13	
1/02/12	400m	W60	Carey Dickason	0.01:53.64	
6/03/13	400m	W60	Barbara Wilson	0.01:38.95	Unofficial
21/04/10	400m	W65	Brenda Painter	0.01:48.67	
21/10/17	400m	W65	Carey Dickason	0.01:49.10	
1/02/17	400m	W70	Brenda Painter	0.02:33.11	
17/12/94	800m	WU14	Tracey Bocian	0.04:31.38	
11/02/95	800m	WU14	Tracey Bocian	0.03:22.40	
8/03/17	800m	WU14	Sabriel Denehy	0.02:54.80	
16/10/76	800m	WU16	Sue Grayson	0.02:24.80	
11/03/78	800m	WU18	Sue Grayson	0.02:36.00	
19/03/78	800m	WU18	Sue Grayson	0.02:33.80	
22/11/80	800m	WU18	Michele Creek	0.02:29.22	
10/01/81	800m	WU18	Michele Creek	0.02:28.00	
9/10/82	800m	WU18	Robyn Lloyd	0.02:27.00	
13/02/93	800m	WU18	Ruth Cloughton	0.02:26.66	
??1991	800m	WU20	N Crighton	0.02:52.28	
24/11/79	800m	WOpen	M Donovan	0.03:04.97	
16/02/80	800m	WOpen	Kerry Pepall	0.02:53.00	
22/11/80	800m	WOpen	Marilyn Lawrie	0.02:50.10	
12/02/83	800m	WOpen	L Williams	0.02:39.96	
8/11/86	800m	WOpen	Julie Mair McDonald	0.02:35.52	
6/12/86	800m	WOpen	Julie Mair McDonald	0.02:32.78	
5/12/87	800m	WOpen	Robyn Yates	0.02:31.00	
15/10/77	800m	W30	Chris Matthews	0.03:27.00	
26/11/77	800m	W30	Chris Matthews	0.03:02.00	
9/10/82	800m	W30	Marilyn Lawrie	0.02:59.00	
12/02/83	800m	W30	Marilyn Lawrie	0.02:46.97	
1982/83	800m	W30	Marilyn Lawrie	0.02:42.00	
1984/85	800m	W30	Barbara Wilson	0.02:38.00	
24/11/79	800m	W35	Lynette Hipper	0.03:14.07	
28/02/87	800m	W35	Barbara Wilson	0.02:57.90	
14/03/87	800m	W35	Barbara Wilson	0.02:45.22	
1986/87	800m	W35	Barbara Wilson	0.02:40.22	
21/10/89	800m	W35	Barbara Wilson	0.02:39.87	
11/11/89	800m	W35	Barbara Wilson	0.02:36.00	
2/12/89	800m	W35	Barbara Wilson	0.02:36.00	
??1990	800m	W35	Barbara Wilson	0.02:33.00	
15/10/77	800m	W40	Nancye Johnston	0.04:16.00	
11/03/78	800m	W40	Dot Anderson	0.02:55.00	
19/03/78	800m	W40	Dot Anderson	0.02:49.20	
1986/87	800m	W40	C Drummond	0.02:47.00	
26/10/91	800m	W40	Barbara Wilson	0.02:38.92	
7/12/91	800m	W40	Barbara Wilson	0.02:33.25	
13/02/93	800m	W40	Barbara Wilson	0.02:30.19	
2/12/89	800m	W45	Merrall Smith	0.03:46.00	
	800m	W45		0.03:34.00	
8/12/98	800m	W45	Barbara Wilson	0.03:04.16	
15/02/00	800m	W45	Barbara Wilson	0.02:55.03	

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Date	Event	Group	Name	Time	Where
??2000	800m	W45	Barbara Wilson	0.02:35.03	
1986/87	800m	W50	Alma Macaulay	0.04:53.99	
22/10/88	800m	W50	Dot Anderson	0.03:05.00	
9/02/02	800m	W50	Barbara Wilson	0.02:56.00	
24/02/90	800m	W55	Dot Anderson	0.03:13.00	
4/01/12	800m	W60	Carey Dickason	0.03:58.00	
25/01/12	800m	W60	Carey Dickason	0.03:56.61	
15/02/12	800m	W60	Barbara Wilson	0.02:58.96	
26/01/11	800m	W65	Brenda Painter	0.05:28.97	
4/01/17	800m	W65	Carey Dickason	0.04:08.50	
29/03/17	800m	W70	Brenda Painter	0.06:38.75	
29/03/95	1,000m	WU14	Tracey Bocian	0.04:09.07	
19/04/95	1,000m	WU14	Tracey Bocian	0.03:50.37	
7/04/99	1,000m	WU14	Danielle Faulkner	0.03:18.12	
5/03/83	1,000m	WU16	Karen Pearce	0.03:28.00	
10/12/83	1,000m	WU16	Karen Pearce	0.03:19.00	
1984/85	1,000m	WU16	Karen Pearce	0.03:10.00	
1982/83	1,000m	WU18	Robyn Lloyd	0.03:12.74	
5/03/83	1,000m	WOpen	Diane Williams	0.03:45.00	
15/10/83	1,000m	WOpen	Linda Noble	0.03:41.00	
17/10/87	1,000m	WOpen	Julie Mair	0.03:20.00	
18/12/82	1,000m	W30	Marilyn Lawrie	0.03:39.00	
5/03/83	1,000m	W30	Marilyn Lawrie	0.03:31.00	
12/12/87	1,000m	W35	Barbara Wilson	0.03:39.00	
11/02/89	1,000m	W35	Barbara Wilson	0.03:37.00	
1982/83	1,000m	W40	Sheila Chapman	0.04:10.00	
1984/85	1,000m	W40	C Drummond	0.03:45.00	
1986/87	1,000m	W40	C Drummond	0.03:40.72	
29/03/95	1,000m	W40	Barbara Wilson	0.03:25.12	
10/04/96	1,000m	W40	Barbara Wilson	0.03:25.05	
15/10/83	1,000m	W45	Alma Macaulay	0.06:06.00	
1986/87	1,000m	W45	Alma Macaulay	0.05:51.88	
9/04/97	1,000m	W45	Barbara Wilson	0.03:26.25	
14/01/95	1,500m	WU14	Tracey Bocian	0.06:41.84	
25/03/95	1,500m	WU14	Tracey Bocian	0.06:26.43	
21/10/95	1,500m	WU14	Tracey Bocian	0.05:55.36	
??1999	1,500m	WU14	Danielle Faulkner	0.05:07.45	
5/02/77	1,500m	U16	Sue Grayson	0.05:30.10	
1979/80	1,500m	U16	Sue Grayson	0.04:51.90	
??1976	1,500m	U16	Sue Grayson	0.04:49.00	
1979/80	1,500m	U18	Sue Grayson	0.04:57.70	
1/12/79	1,500m	WOpen	Kerry Pepall	0.06:24.00	
23/02/80	1,500m	WOpen	Kerry Pepall	0.06:03.00	
22/03/80	1,500m	WOpen	Kerry Pepall	0.06:00.00	
29/11/80	1,500m	WOpen	Marilyn Lawrie	0.05:54.45	
13/12/80	1,500m	WOpen	Marilyn Lawrie	0.05:51.00	
19/02/83	1,500m	WOpen	Diane Williams	0.05:47.02	
29/11/86	1,500m	WOpen	Robyn Yates	0.05:49.00	
1980/81	1,500m	WOpen	Marilyn Lawrie	0.05:43.00	
5/02/83	1,500m	WOpen	Sue Grayson	0.05:28.00	
15/11/86	1,500m	WOpen	Julie Mair McDonald	0.05:36.00	
29/11/86	1,500m	WOpen	Julie Mair McDonald	0.05:28.00	
28/11/87	1,500m	WOpen	Julie Mair McDonald	0.05:16.00	

Albany Athletics Club

Women's Records

Date	Event	Group	Name	Time	Where
28/11/87	1,500m	WOpen	Robyn Yates	0.05:16.00	
16/01/88	1,500m	WOpen	Julie Mair	0.05:06.00	
1/12/79	1,500m	W30	Pam Keen	0.06:44.00	
23/02/80	1,500m	W30	Pam Keen	0.06:33.00	
22/03/80	1,500m	W30	Pam Keen	0.06:32.00	
5/02/83	1,500m	W30	Marilyn Lawrie	0.05:33.00	
10/02/90	1,500m	W30	Di Fry	0.05:32.00	
16/02/91	1,500m	W30	Di Fry	0.05:30.01	
22/10/77	1,500m	W35	Chris Matthews	0.07:07.00	
1/12/79	1,500m	W35	Lynette Hipper	0.06:23.00	
29/11/86	1,500m	W35	Barbara Wilson	0.06:02.00	
16/01/88	1,500m	W35	Barbara Wilson	0.05:57.00	
29/10/88	1,500m	W35	Barbara Wilson	0.05:46.00	
19/11/88	1,500m	W35	Barbara Wilson	0.05:43.00	
10/12/88	1,500m	W35	Barbara Wilson	0.05:33.00	
18/11/89	1,500m	W35	Barbara Wilson	0.05:16.00	
3/12/77	1,500m	W40	Dot Anderson	0.06:16.00	
18/02/78	1,500m	W40	Dot Anderson	0.06:04.40	
1979/80	1,500m	W40	Dot Anderson	0.05:58.00	
1984/85	1,500m	W40	C Drummond	0.05:53.00	
1986/87	1,500m	W40	C Drummond	0.05:45.82	
12/10/91	1,500m	W40	Barbara Wilson	0.05:36.76	
23/11/91	1,500m	W40	Barbara Wilson	0.05:29.50	
15/02/92	1,500m	W40	Barbara Wilson	0.05:28.10	
26/11/83	1,500m	W45	Alma Macaulay	0.08:55.00	
19/11/88	1,500m	W45	Glenys Waldhuter	0.08:10.00	
20/11/96	1,500m	W45	Barbara Wilson	0.05:34.88	
1986/87	1,500m	W50	Alma Macaulay	0.04:53.99	????
18/11/89	1,500m	W50	Dot Anderson	0.06:53.00	
2/02/02	1,500m	W50	Barbara Wilson	0.05:36.96	
13/01/90	1,500m	W55	Dot Anderson	0.07:05.08	
10/03/90	1,500m	W55	Dot Anderson	0.06:38.09	
16/02/91	1,500m	W55	Dot Anderson	0.06:45.92	
7/03/07	1,500m	W55	Barbara Wilson	0.06:01.72	
16/11/05	1,500m	W60	Kath Hannig	0.09:48.06	
2/11/11	1,500m	W60	Carey Dickason	0.08:10.65	
8/02/12	1,500m	W60	Carey Dickason	0.08:07.28	
21/03/12	1,500m	W60	Carey Dickason	0.07:54.95	
30/01/13	1,500m	W60	Carey Dickason	0.07:53.40	
13/03/13	1,500m	W60	Carey Dickason	0.07:40.72	
11/12/13	1,500m	W60	Carey Dickason	0.07:31.34	
22/02/06	1,500m	W65	Kath Hannig	0.09:36.20	
16/03/16	1,500m	W65	Carey Dickason	0.09:03.94	
1/03/17	1,500m	W65	Carey Dickason	0.08:09.94	
21/10/17	1,500m	W65	Carey Dickason	0.07:34.42	
31/10/12	1,500m	W70	Kath Hannig	0.10:41.09	
2015??	1,500m	W75	Kath Hannig	0.10:27.07	
26/10/16	1,500m	W75	Kath Hannig	0.09:35.80	
6/03/96	2,000m	WU14	Tracey Bocian	0.08:48.61	
10/03/99	2,000m	WU14	Danielle Faulkner	0.07:39.42	
25/11/89	2,000m	WU15	Lisa Crichton	0.07:53.00	
14/02/87	2,000m	WU16	Sherilee Grayson	0.07:28.21	
14/01/84	2,000m	WU18	Rodney Boyd	0.07:15.00	

Albany Athletics Club

Women's Records

Date	Event	Group	Name	Time	Where
1984/85	2,000m	WU20	Robyn Lloyd	0.07:58.00	
1982/83	2,000m	WOpen	Diane Williams	0.07:58.00	
14/11/87	2,000m	WOpen	Julie Mair	0.07:32.39	
14/01/84	2,000m	W30	Marilyn Lawrie	0.07:39.00	
??1984	2,000m	W30	Marilyn Lawrie	0.07:30.00	
25/11/89	2,000m	W35	Barbara Wilson	0.07:34.00	
14/01/84	2,000m	W40	C Audley	0.11:27.00	
1984/85	2,000m	W40	C Drummond	0.08:23.00	
1986/87	2,000m	W40	C Drummond	0.08:17.00	
9/03/94	2,000m	W40	Barbara Wilson	0.07:24.37	
1986/87	2,000m	W45	Alma Macaulay	0.12:09.00	
	2,000m	W45		0.07:32.41	
12/03/97	2,000m	W45	Barbara Wilson	0.07:32.06	
13/02/88	2,000m	W50	Dot Anderson	0.09:12.42	
19/03/02	2,000m	W50	Barbara Wilson	0.08:09.95	
2/04/08	2,000m	W55	Barbara Wilson	0.09:07.08	
24/10/12	2,000m	W55	Caroline Evans	0.09:00.24	
30/03/11	2,000m	W60	Carey Dickason	0.11:04.19	
26/10/11	2,000m	W60	Carey Dickason	0.10:57.01	
6/02/13	2,000m	W60	Carey Dickason	0.10:37.89	
2/12/15	2,000m	W60	Carey Dickason	0.10:37.50	
22/03/06	2,000m	W65	Kath Hannig	0.13:01.44	
15/02/17	2,000m	W65	Carey Dickason	0.11:15.05	
18/10/17	2,000m	W65	Carey Dickason	0.10:42.93	
22/11/17	2,000m	W65	Carey Dickason	0.10:29.90	
??2002	2,000m	W70	Norma Freebury	0.12:30.18	
??2003	2,000m	W75	Norma Freebury	0.18:21.17	
2/12/15	2,000m	W75	Kath Hannig	0.14:38.83	
11/10/86	3,000m	WU14	Gina Grayson	0.11:27.00	
25/01/95	3,000m	WU14	Tracey Bocian	0.14:15.49	
4/03/95	3,000m	WU14	Tracey Bocian	0.14:13.49	
8/03/95	3,000m	WU14	Tracey Bocian	0.13:59.14	
29/11/95	3,000m	WU14	Tracey Bocian	0.13:22.46	
10/01/96	3,000m	WU14	Tracey Bocian	0.12:45.38	
17/03/99	3,000m	WU14	Danielle Faulkner	0.12:22.43	
6/12/86	3,000m	U16	Shiralee Grayson	0.12:15.27	
24/01/87	3,000m	U16	Shiralee Grayson	0.11:51.00	
14/03/87	3,000m	U16	Shiralee Grayson	0.11:08.00	
12/02/77	3,000m	U16	Sue Grayson	0.10:51.00	
4/03/78	3,000m	U16	Sue Grayson	0.10:48.03	
1979/80	3,000m	U16	Sue Grayson	0.10:28.70	
1979/80	3,000m	U18	Sue Grayson	0.10:20.00	
8/11/86	3,000m	WU20	Robyn Yates	0.13:53.00	
24/11/79	3,000m	WOpen	Kerry Pepall	0.15:49.95	
22/11/80	3,000m	WOpen	Marilyn Lawrie	0.13:08.22	
1/03/81	3,000m	WOpen	Marilyn Lawrie	0.12:32.00	Centre Champs
12/02/83	3,000m	WOpen	Diane Williams	0.12:27.00	
26/03/83	3,000m	WOpen	Diane Williams	0.12:23.50	
24/11/79	3,000m	W30	Pam Keen	0.15:50.91	
9/10/82	3,000m	W30	Marilyn Lawrie	0.12:47.00	
12/02/83	3,000m	W30	Marilyn Lawrie	0.11:44.58	
1982/83	3,000m	W30	Marilyn Lawrie	0.11:22.00	
24/11/79	3,000m	W35	Lynette Slipper	0.15:27.35	

Albany Athletics Club

Women's Records

Date	Event	Group	Name	Time	Where
11/10/86	3,000m	W35	Barbara Shipley	0.14:46.00	
8/11/86	3,000m	W35	Barbara Shipley	0.14:02.00	
6/12/86	3,000m	W35	Barbara Shipley	0.13:58.00	
14/10/89	3,000m	W35	Barbara Wilson	0.12:27.37	
4/11/89	3,000m	W35	Barbara Wilson	0.11:42.11	
7/03/90	3,000m	W35	Barbara Wilson	0.11:41.00	
1/12/90	3,000m	W35	Barbara Wilson	0.11:28.73	
9/02/91	3,000m	W35	Barbara Wilson	0.11:23.73	
11/03/78	3,000m	W40	Dot Anderson	0.13:55.00	
1984/85	3,000m	W40	C Drummond	0.12:37.00	
19/10/91	3,000m	W40	Barbara Wilson	0.11:51.15	
25/01/92	3,000m	W40	Barbara Wilson	0.11:40.63	
11/03/92	3,000m	W40	Barbara Wilson	0.11:33.33	
3/02/93	3,000m	W40	Barbara Wilson	0.11:12.02	
1984/85	3,000m	W40	C Drummond	0.12:37.00	
13/01/93	3,000m	W40	Barbara Wilson	0.11:33.03	
??1993	3,000m	W40	Barbara Wilson	0.11:12.02	
1982/83	3,000m	W45	Alma Macaulay	0.19:23.00	
7/03/90	3,000m	W45	Margaret Pearce	0.12:40.00	
16/10/96	3,000m	W45	Barbara Wilson	0.12:03.31	
6/11/96	3,000m	W45	Barbara Wilson	0.11:50.00	
18/03/97	3,000m	W45	Barbara Wilson	0.11:35.86	
11/10/86	3,000m	W50	Alma Macaulay	0.19:54.00	
13/01/93	3,000m	W50	Margaret Pearce	0.12:39.17	
??2002	3,000m	W50	Barbara Wilson	0.12:29.63	
9/02/91	3,000m	W55	Dot Anderson	0.15:16.61	
11/11/08	3,000m	W55	Carey Dickason	0.16:45.83	
13/01/09	3,000m	W55	Carey Dickason	0.15:52.88	
3/02/09	3,000m	W55	Carey Dickason	0.15:19.65	
11/11/09	3,000m	W55	Carey Dickason	0.15:17.00	
7/11/12	3,000m	W55	Caroline Evans	0.13:52.60	
4/01/12	3,000m	W60	Carey Dickason	0.16:52.22	
??2012	3,000m	W60	Carey Dickason	0.16:12.57	
4/11/15	3,000m	W60	Carey Dickason	0.16:11.00	
25/10/17	3,000m	W60	Josie Kidman	0.15:47.79	
30/11/05	3,000m	W65	Kath Hannig	0.21:23.61	
1/02/06	3,000m	W65	Kath Hannig	0.20:57.91	
1/03/06	3,000m	W65	Kath Hannig	0.20:45.64	
??2008	3,000m	W65	Kath Hannig	0.19:16.37	
25/10/17	3,000m	W65	Carey Dickason	0.16:52.85	
31/01/18	3,000m	W65	Carey Dickason	0.16:04.75	
15/01/03	3,000m	W70	Norma Freebury	0.27:15.04	
7/11/12	3,000m	W70	Kath Hannig	0.22:02.10	
??2004	3,000m	W75	Norma Freebury	0.29:05.78	
6/01/16	3,000m	W75	Kath Hannig	0.22:44.20	
??2006	4,000m	WU14	Ruth Willmer	0.21:16.31	
14/11/12	4,000m	WU18	Eilidh Mac Master	0.16:57.30	
??2007	4,000m	WOpen	M. Gordon	0.19:07.72	
11/11/15	4,000m	W30	Vicki Reed	0.24:16.00	
14/11/12	4,000m	W40	Janet Scanlan	0.24:28.80	
11/11/15	4,000m	W40	Stephanie Choularton	0.22:22.93	
??2007	4,000m	W45	Di Fry	0.20:03.33	
2/04/08	4,000m	W50	Caroline Evans	0.19:24.06	

Albany Athletics Club

Women's Records

Date	Event	Group	Name	Time	Where
7/04/09	4,000m	W50	Caroline Evans	0.18:50.79	
23/11/11	4,000m	W50	Di Fry	0.17:17.14	
7/04/09	4,000m	W55	Barbara Wilson	0.17:56.89	
23/11/11	4,000m	W60	Carey Dickason	0.23:22.60	
9/01/13	4,000m	W60	Carey Dickason	0.22:17.10	
11/11/15	4,000m	W60	Carey Dickason	0.21:47.15	
2/04/08	4,000m	W65	Kath Hannig	0.26:45.97	
18/01/17	4,000m	W65	Carey Dickason	0.22:48.43	
14/11/12	4,000m	W70	Kath Hannig	0.29:19.20	
13/01/16	4,000m	W75	Kath Hannig	0.29:56.00	
22/11/86	5,000m	WU14	B Gouldthorpe	0.21:17.00	
1/02/95	5,000m	WU14	Tracey Bocian	0.23:23.20	
15/03/95	5,000m	WU14	Tracey Bocian	0.23:11.34	
30/11/05	5,000m	WU14	Ruth Willmer	0.22:23.40	
1979/80	5,000m	WU16	Michelle Goymer	0.22:08.70	
2/02/80	5,000m	WU16	Michele Creek	0.20:19.00	
8/03/80	5,000m	WU16	Michele Creek	0.20:14.00	
1979/80	5,000m	WU16	Michele Creek	0.20:06.83	
1981/82	5,000m	WU16	Robyn Lloyd	0.19:43.00	
10/01/87	5,000m	WU16	Sherilee Grayson	0.22:29.00	
21/02/87	5,000m	WU16	Sherilee Grayson	0.20:07.00	
1982/83	5,000m	WU16	Karen Pearce	0.18:52.74	
25/11/92	5,000m	WU16	Ruth Claughton	0.18:32.06	
6/12/80	5,000m	U18	Michele Creek	0.19:56.00	
1981/82	5,000m	U18	Robyn Lloyd	0.19:54.00	
19/11/83	5,000m	U18	Robyn Lloyd	0.19:34.00	
22/11/86	5,000m	WU20	Robyn Yates	0.23:18.00	
6/12/80	5,000m	WOpen	Marilyn Lawrie	0.21:03.00	
24/10/87	5,000m	WOpen	Robyn Yates	0.21:03.00	
8/01/83	5,000m	WOpen	Sue Grayson	0.19:06.56	
22/01/83	5,000m	W30	Marilyn Lawrie	0.20:38.88	
1982/83	5,000m	W30	Marilyn Lawrie	0.19:46.00	
25/10/86	5,000m	W35	Barbara Shipley	0.24:37.00	
22/11/86	5,000m	W35	Barbara Shipley	0.23:36.00	
10/11/90	5,000m	W35	Barbara Wilson	0.20:38.07	
1984/85	5,000m	W40	C Drummond	0.21:50.00	
22/02/92	5,000m	W40	Barbara Wilson	0.19:50.00	
20/01/93	5,000m	W40	Barbara Wilson	0.19:35.35	
17/02/90	5,000m	W45	Margaret Pearce	0.21:44.59	
23/10/96	5,000m	W45	Barbara Wilson	0.20:54.19	
4/12/96	5,000m	W45	Barbara Wilson	0.20:22.00	
10/01/87	5,000m	W50	Alma Macaulay	0.31:40.00	
17/02/93	5,000m	W50	Marg Pearce	0.21:30.80	
11/12/08	5,000m	W55	Carey Dickason	0.28:08.91	
20/01/09	5,000m	W55	Carey Dickason	0.26:56.71	
10/02/09	5,000m	W55	Carey Dickason	0.26:38.80	
21/11/12	5,000m	W55	Caroline Evans	0.24:08.70	
21/01/04	5,000m	W60	Kath Hannig	0.34:53.36	
4/03/04	5,000m	W60	Kath Hannig	0.34:40.72	
2/03/11	5,000m	W60	Carey Dickason	0.28:51.40	
21/11/12	5,000m	W60	Carey Dickason	0.28:32.20	
1/11/17	5,000m	W60	Josie Kidman	0.27:18.08	
15/02/06	5,000m	W65	Kath Hannig	0.36:11.86	

Albany Athletics Club

Women's Records

Date	Event	Group	Name	Time	Where
25/01/17	5,000m	W65	Carey Dickason	0.27:42.12	
10/01/18	5,000m	W65	Carey Dickason	0.27:38.26	
7/02/18	5,000m	W65	Carey Dickason	0.27:23.82	
4/12/02	5,000m	W70	Norma Freebury	0.37:39.00	
1/03/95	10,000m	WU14	Tracey Bocian	1.03:34.45	
14/02/96	10,000m	WU14	Tracey Bocian	0.47:04.38	
11/11/92	10,000m	WU16	Ruth Claughton	0.40:35.01	
19/01/00	10,000m	WOpen	Meeghan Clay	0.57:37.01	
19/01/00	10,000m	WOpen	Meeghan Clay	0.52:25.81	
9/02/02	10,000m	WOpen	Meeghan Clay	0.49:16.41	
11/11/92	10,000m	W30	Di Fry	0.47:34.76	
12/12/07	10,000m	W35	Meeghan Clay	0.59:48.44	
21/10/92	10,000m	W40	Barbara Wilson	0.43:14.00	
11/11/92	10,000m	W40	Barbara Wilson	0.42:17.53	
27/01/93	10,000m	W40	Barbara Wilson	0.40:31.08	
18/12/96	10,000m	W45	Barbara Wilson	0.43:58.91	
16/02/00	10,000m	W45	Barbara Wilson	0.43:39.94	
27/01/93	10,000m	W50	Margaret Pearce	0.44:37.12	
5/03/02	10,000m	W50	Barbara Wilson	0.45:23.89	
27/01/09	10,000m	W55	Carey Dickason	0.56:34.34	
27/01/10	10,000m	W55	Carey Dickason	0.55:29.80	
23/01/13	10,000m	W55	Caroline Evans	0.51:03.90	
23/01/13	10,000m	W60	Carey Dickason	1.01:09.10	
27/11/13	10,000m	W60	Carey Dickason	0.59:02.27	
25/11/15	10,000m	W60	Carey Dickason	0.56:42.22	
15/11/17	10,000m	W60	Josie Kidman	0.56:08.36	
13/12/17	10,000m	W65	Carey Dickason	0.58:04.80	
23/01/13	10,000m	W70	Kath Hannig	1.31:36.00	
9/03/16	10,000m	W75	Kath Hannig	1.15:30.00	
16/11/91	80m Hurdles	0.76 W40	Barbara Wilson	0.00:15.91	
24/10/92	100m Hurdles	0.76 WU14	Natalie Wilson	0.00:23.15	
1979/80	100m Hurdles	U16	A Gittins	0.00:17.30	
12/03/88	100m Hurdles	0.76 U16	Shiralee Grayson	0.00:20.56	
1/10/88	100m Hurdles	0.76 U16	Lee Stonell	0.00:18.43	
1979/80	100m Hurdles	U18	A Gittins	0.00:17.50	
22/10/88	100m Hurdles	0.76 U18	Shiralee Grayson	0.00:20.31	
7/12/91	100m Hurdles	WU18	Shiralee Grayson	0.00:23.05	
13/02/93	100m Hurdles	0.76 WU18	Shiralee Grayson	0.00:19.69	
1980/81	100m Hurdles	WOpen	Marilyn Lawrie	0.00:25.10	
1986/87	100m Hurdles	WOpen	Linda Noble	0.00:21.33	
21/02/87	100m Hurdles	W30	Pauline Dawson	0.00:18.91	
1986/87	100m Hurdles	W30	Pauline Dawson	0.00:18.28	
21/10/89	100m Hurdles	0.84 W30	Virginia Mercer	0.00:19.66	
11/11/89	100m Hurdles	0.84 W30	Virginia Mercer	0.00:19.22	
22/11/86	100m Hurdles	W35	Barbara Wilson	0.00:21.11	
21/02/87	100m Hurdles	W35	Barbara Wilson	0.00:20.77	
12/11/88	100m Hurdles	0.84 W35	Barbara Wilson	0.00:20.92	
11/11/89	100m Hurdles	0.84 W35	Barbara Wilson	0.00:20.51	
27/10/90	100m Hurdles	0.76 W35	Virginia Mercer	0.00:19.72	
27/01/90	100m Hurdles	W55	Dot Anderson	0.00:18.28	
1979/80	200m Hurdles	U16	R Archibald	0.00:35.00	
1979/80	200m Hurdles	U18	A Gittins	0.00:32.10	
26/01/00	Mile	WU14	Erin Bulknier	0.08:30.78	

Albany Athletics Club

Women's Records

Date	Event	Group	Name	Time	Where
19/12/12	Mile	WU14	Emily Blechynden	0.08:06.83	
22/01/87	Mile	WU16	Sherilee Grayson	0.06:01.37	
12/02/92	Mile	WU16	Ruth Claughton	0.05:41.91	
1980/81	Mile	U18	Michele Creek	0.05:42.00	
14/03/90	Mile	U18	Gina Grayson	0.05:35.03	
10/02/93	Mile	WU18	Ruth Claughton	0.05:26.27	
1980/81	Mile	WOpen	Marilyn Lawrie	0.06:34.00	
22/01/87	Mile	WOpen	Julie Mair McDonald	0.05:54.84	
19/01/84	Mile	W30	Marilyn Lawrie	0.06:17.00	
14/03/90	Mile	W30	Di Fry	0.06:04.17	
25/01/89	Mile	W35	Barbara Wilson	0.06:21.31	
14/03/90	Mile	W35	Barbara Wilson	0.05:57.25	
1986/87	Mile	W40	C Drummond	0.06:32.00	
12/02/92	Mile	W40	Barbara Wilson	0.05:46.33	
10/02/93	Mile	W40	Barbara Wilson	0.05:46.13	
15/12/93	Mile	W40	Barbara Wilson	0.05:45.63	
11/12/96	Mile	W45	Barbara Wilson	0.05:55.00	
10/12/97	Mile	W45	Barbara Wilson	0.05:54.92	
10/02/93	Mile	W50	Margaret Pearce	0.06:40.86	
29/01/02	Mile	W50	Barbara Wilson	0.05:54.92	
16/12/08	Mile	W55	Carey Dickason	0.08:17.00	
16/12/09	Mile	W55	Carey Dickason	0.07:53.76	
14/12/11	Mile	W55	Caroline Evans	0.07:01.22	
7/01/04	Mile	W60	Kath Hannig	0.10:19.29	
14/12/11	Mile	W60	Carey Dickason	0.08:12.27	
14/12/05	Mile	W65	Kath Hannig	0.10:32.51	
15/12/15	Mile	W65	Ursula Clark-Murphy	0.09:02.98	
14/12/16	Mile	W65	Carey Dickason	0.08:53.21	
19/12/12	Mile	W70	Kath Hannig	0.11:43.00	
7/01/04	Mile	W75	Norma Freebury	0.14:58.12	
19/01/91	1,500 Walk	U14	Sarah Woodall	0.08:08.06	
27/03/82	1,500 Walk	U16	Robyn Lloyd	0.09:31.24	
5/03/83	1,500 Walk	U16	Karen Pearce	0.08:35.22	
25/11/90	1,500 Walk	U16	Marcia Lomas	0.07:10.86	
15/12/90	1,500 Walk	U16	Marcia Lomas	0.06:57.00	
19/01/91	1,500 Walk	U16	Marcia Lomas	0.06:47.75	
18/12/82	1,500 Walk	U18	Robyn Lloyd	0.08:38.49	
23/11/91	1,500 Walk	U18	Marcia Lomas	0.06:48.06	
18/12/82	1,500 Walk	WOpen	Diane Williams	0.10:09.00	
15/01/83	1,500 Walk	WOpen	Diane Williams	0.09:29.00	
18/12/82	1,500 Walk	W30	Marilyn Lawrie	0.09:44.00	
1982/83	1,500 Walk	W30	Marilyn Lawrie	0.09:04.00	
13/01/90	1,500 Walk	W30	Di Fry	0.08:41.00	
8/10/88	1,500 Walk	W35	Barbara Wilson	0.09:34.00	
1982/83	1,500 Walk	W40	Sheila Chapman	0.10:09.00	
1984/85	1,500 Walk	W40	C Drummond	0.11:05.20	
18/02/95	1,500 Walk	W40	Barbara Wilson	0.10:06.43	
26/01/02	1,500 Walk	W40	Di Fry	0.09:37.88	
2/11/02	1,500 Walk	W40	Di Fry	0.09:35.96	
26/03/83	1,500 Walk	W45	Sheila Chapman	0.10:09.00	
28/10/89	1,500 Walk	W45	Merrall Smith	0.12:55.00	
1/11/03	1,500 Walk	W45	Di Fry	0.09:20.40	
18/11/89	1,500walk	W50	C Drummond	0.11:09.00	

Albany Athletics Club

Women's Records

Date	Event	Group	Name	Time	Where
8/02/12	1,500walk	W50	Lorna England	0.14:42.49	?????
30/01/13	1,500walk	W50	Di Fry	0.09:52.44	
13/01/90	1,500 Walk	W55	Dot Anderson	0.10:36.71	
10/03/90	1,500 Walk	W55	Dot Anderson	0.10:27.11	
16/02/91	1,500 Walk	W55	Dot Anderson	0.10:26.08	
9/12/09	1,500 Walk	W55	Barbara Wilson	0.10:13.67	
2/01/13	1,500 Walk	W60	Barbara Wilson	0.10:18.65	
4/02/15	1,500 Walk	W70	Kath Hannig	0.13:15.46	
18/01/92	Long Jump	WU14	Jennifer Smith	2.93	
31/10/92	Long Jump	WU14	Natalie Wilson	3.51	
1979/80	Long Jump	U16	P Hall	4.97	
1979/80	Long Jump	U18	A Gittins	5.00	
1984/85	Long Jump	WU20	Tracey Menegola	4.86	
1979/80	Long Jump	WOpen	G Walker	4.89	
24/11/79	Long Jump	W30	Pam Keen	3.25	
1979/80	Long Jump	W30	Pam Keen	3.73	
27/03/82	Long Jump	W30	Jenny Dul	3.85	
1982/83	Long Jump	W30	Barbara Wilson	4.13	
1984/85	Long Jump	W30	Barbara Wilson	4.21	
6/12/86	Long Jump	W30	Pauline Dawson	4.45	
12/03/88	Long Jump	W30	Linda Noble	4.51	
1979/80	Long Jump	W35	Margaret Goymer	3.45	
11/10/86	Long Jump	W35	Barbara Wilson	4.10	
5/12/87	Long Jump	W35	Barbara Wilson	4.34	
28/02/87	Long Jump	W35	Barbara Wilson	4.30	
12/03/88	Long Jump	W35	Barbara Wilson	4.40	
5/01/91	Long Jump	W35	Virginia Mercer	4.50	
5/12/92	Long Jump	W35	Virginia Mercer	4.62	
1979/80	Long Jump	W40	Dot Anderson	4.27	
21/12/91	Long Jump	W40	Barbara Wilson	4.30	
15/02/92	Long Jump	W40	Barbara Wilson	4.38	
12/12/92	Long Jump	W40	Barbara Wilson	4.40	
24/11/98	Long Jump	W45	Barbara Wilson	3.21	
22/12/98	Long Jump	W45	Barbara Wilson	3.73	
25/01/01	Long Jump	W45	Barbara Wilson	4.01	
1986/87	Long Jump	W50	Alma Macaulay	1.81	
5/12/87	Long Jump	W50	Dot Anderson	3.90	
23/03/02	Long Jump	W50	Barbara Wilson	4.02	
20/01/90	Long Jump	W55	Dot Anderson	3.61	
10/03/90	Long Jump	W55	Dot Anderson	3.70	
10/11/90	Long Jump	W55	Dot Anderson	3.78	
9/12/09	Long Jump	W55	Barbara Wilson	3.98	
23/02/11	Long Jump	W60	Carey Dickason	2.02	
26/10/11	Long Jump	W60	Barbara Wilson	3.13	
1/02/12	Long Jump	W60	Barbara Wilson	3.13	
23/01/13	Long Jump	W60	Barbara Wilson	3.24	
13/02/13	Long Jump	W60	Barbara Wilson	3.67	
28/10/09	Long Jump	W65	Kath Hannig	1.78	
20/01/10	Long Jump	W65	Brenda Painter	2.67	
17/02/10	Long Jump	W65	Brenda Painter	2.73	
7/04/10	Long Jump	W65	Brenda Painter	2.92	
3/12/14	Long Jump	W70	Brenda Painter	2.48	
7/01/14	Long Jump	W70	Brenda Painter	2.58	

Albany Athletics Club

Women's Records

Date	Event	Group	Name	Time	Where
19/03/78	High Jump	SubJun	M Jones	1.50	Centre champs
7/11/83	High Jump	WU14	E Woolhouse	1.30	
9/11/91	High Jump	WU14	Natalie Wilson	1.15	
19/12/92	High Jump	WU14	Natalie Wilson	1.15	
6/03/93	High Jump	WU14	Natalie Wilson	1.15	
28/01/95	High Jump	WU14	Tracey Bocian	1.15	
22/10/83	High Jump	WU16	Karen Carter	1.25	
29/10/83	High Jump	WU16	Lara Hotop	1.25	
15/10/86	High Jump	WU16	Tracey Lockhart	1.25	
17/10/87	High Jump	WU16	Shiralee Grayson	1.25	
31/10/12	High Jump	WU16	Zoe Wolfe	1.15	
30/01/13	High Jump	WU16	Zoe Wolfe	1.15	
20/02/13	High Jump	WU16	Zoe Wolfe	1.15	
9/12/17	High Jump	WU16	Tallulah Gouldthorp	1.15	
1978/79	High Jump	WU18	A Gittins	1.48	
1/10/83	High Jump	WU18	Tracey Menegola	1.50	
22/10/83	High Jump	WU18	Tracey Menegola	1.55	
17/01/87	High Jump	WU18	L Cunnold	1.55	
7/01/95	High Jump	WU20	Ruth Claughton	1.30	
17/11/79	High Jump	WOpen	Kerry Pepall	1.15	
23/03/80	High Jump	WOpen	Kerry Pepall	1.20	
31/01/81	High Jump	WOpen	Pauline Dawson	1.30	
12/03/83	High Jump	WOpen	Diane Williams	1.35	
7/10/89	High Jump	WOpen	Tracey Menegola	1.45	
28/10/89	High Jump	WOpen	Tracey Menegola	1.45	
18/11/89	High Jump	WOpen	Tracey Menegola	1.50	
10/03/90	High Jump	WOpen	Tracey Menegola	1.50	
1978/79	High Jump	W30	Margaret Goymer	1.15	
4/10/86	High Jump	W30	Linda Noble	1.15	
15/11/86	High Jump	W30	Linda Noble	1.25	
18/11/89	High Jump	W30	Di Fry	1.25	
10/02/90	High Jump	W30	Di Fry	1.27	
10/03/90	High Jump	W30	Di Fry	1.30	
28/11/92	High Jump	W30	Janine Bennet	1.30	
23/03/80	High Jump	W35	Lynette Hipper	1.10	
29/11/86	High Jump	W35	Barbara Wilson	1.25	
17/01/87	High Jump	W35	Barbara Wilson	1.30	
1978/79	High Jump	W40	Dot Anderson	1.15	
19/10/91	High Jump	W40	Barbara Wilson	1.20	
30/11/91	High Jump	W40	Barbara Wilson	1.25	
6/12/03	High Jump	W45	Di Fry	1.15	
16/01/88	High Jump	W50	Dot Anderson	1.10	
13/01/90	High Jump	W55	Dot Anderson	1.10	
2/11/11	High Jump	W60	Barbara Wilson	1.03	
2/12/09	High Jump	W65	Brenda Painter	0.80	
24/11/10	High Jump	W65	Brenda Painter	1.10	
19/11/14	High Jump	W70	Brenda Painter	0.90	
14/01/15	High Jump	W70	Brenda Painter	0.95	
18/11/15	High Jump	W70	Brenda Painter	1.00	
15/10/83	Triple Jump	U14	Lara Hotop	8.60	
4/03/95	Triple Jump	U14	Tracey Bocian	7.61	
	Triple Jump	U14		7.92	
28/10/95	Triple Jump	U14	Tracey Bocian	8.52	

Albany Athletics Club

Women's Records

Date	Event	Group	Name	Time	Where
1978/79	Triple Jump	U16	A Gittins	10.26	
5/03/83	Triple Jump	U16	Karen Pearce	10.36	
1978/79	Triple Jump	U18	D Jackson	10.15	
5/03/83	Triple Jump	U18	Tracey Menegola	10.50	
4/11/17	Triple Jump	U18	Sophie Mcdonald	10.73	
1984/85	Triple Jump	WU20	Tracey Menegola	9.86	
1978/79	Triple Jump	WOpen	G Walker	10.00	
23/02/80	Triple Jump	W30	Pam Keen	7.00	
1981/82	Triple Jump	W30	Jenny Dul	7.08	
14/01/84	Triple Jump	W30	Barbara Wilson	8.14	
1983/84	Triple Jump	W30	Barbara Wilson	8.76	
14/02/87	Triple Jump	W30	Pauline Dawson	8.95	
15/11/86	Triple Jump	W30	Pauline Dawson	9.50	
27/02/88	Triple Jump	W30	Pauline Dawson	9.73	
1/12/79	Triple Jump	W35	Lynette Hipper	6.30	
22/03/80	Triple Jump	W35	Lynette Hipper	6.50	
15/11/86	Triple Jump	W35	Barbara Wilson	8.70	
26/03/88	Triple Jump	W35	Barbara Wilson	9.10	
8/12/90	Triple Jump	W35	Pauline Dawson	9.12	
9/02/91	Triple Jump	W35	Pauline Dawson	9.20	
26/10/91	Triple Jump	W35	Pauline Dawson	9.30	
20/11/93	Triple Jump	W35	Pauline Dawson	9.34	
3/12/77	Triple Jump	W40	Dot Anderson	7.80	
1978/79	Triple Jump	W40	Dot Anderson	8.15	
26/10/91	Triple Jump	W40	Barbara Wilson	8.99	
24/10/92	Triple Jump	W40	Barbara Wilson	9.01	
16/12/95	Triple Jump	W40	Pauline Dawson	9.33	
10/02/96	Triple Jump	W40	Pauline Dawson	9.53	
6/12/08	Triple Jump	W45	Lorna England	4.53	
28/01/09	Triple Jump	W45	Lorna England	4.59	
9/11/11	Triple Jump	W45	Diane Evers	6.22	
7/03/12	Triple Jump	W45	Diane Evers	6.45	
7/11/12	Triple Jump	W45	Diane Evers	6.57	
14/11/87	Triple Jump	W50	Dot Anderson	6.98	
12/12/87	Triple Jump	W50	Dot Anderson	7.97	
6/01/90	Triple Jump	W55	Dot Anderson	7.36	
27/01/90	Triple Jump	W55	Dot Anderson	8.27	
30/03/11	Triple Jump	W60	Carey Dickason	5.26	
9/11/11	Triple Jump	W60	Barbara Wilson	6.44	
30/11/11	Triple Jump	W60	Barbara Wilson	6.88	
4/01/12	Triple Jump	W60	Barbara Wilson	6.88	
13/02/13	Triple Jump	W60	Barbara Wilson	7.14	Unofficial
11/02/15	Triple Jump	W60	Barbara Wilson	7.20	Unofficial
25/11/09	Triple Jump	W65	Brenda Painter	5.98	
13/01/10	Triple Jump	W65	Brenda Painter	6.25	
24/03/10	Triple Jump	W65	Brenda Painter	6.52	
26/01/11	Triple Jump	W65	Brenda Painter	6.73	
30/03/11	Triple Jump	W65	Brenda Painter	6.80	
15/02/12	Triple Jump	W65	Brenda Painter	6.83	
21/01/15	Triple Jump	W70	Brenda Painter	5.54	
4/03/15	Triple Jump	W70	Brenda Painter	5.68	
25/03/15	Triple Jump	W70	Brenda Painter	5.84	

Albany Athletics Club

Women's Records

Date	Event	Group	Name	Time	Where
10/02/16	Triple Jump	W70	Brenda Painter	6.12	
29/10/83	Shot Put	WU14	At Paulenko	6.40	
4/01/92	Shot Put	4kg WU14	Jennifer Smith	7.93	
28/11/92	Shot Put	3kg U14	Jennifer Smith	8.53	
23/01/93	Shot Put	3kg U14	Jennifer Smith	9.01	
26/11/77	Shot Put	4kg U16	Sandra McKimm	10.30	
1978/79	Shot Put	4kg U18	Sandra McKimm	10.15	
23/01/93	Shot Put	3kg U14	Jennifer Smith	9.01	
1978/79	Shot Put	4kg WOpen	G Walker	10.77	
26/11/77	Shot Put	4kg W30	Chris Matthews	6.55	
1979/80	Shot Put	4kg W30	Pam Keen	7.20	
15/10/83	Shot Put	4kg W30	Jenny Dul	7.45	
29/10/83	Shot Put	4kg W30	Barbara Wilson	7.70	
10/12/83	Shot Put	4kg W30	Barbara Wilson	7.90	
1984/85	Shot Put	4kg W30	Barbara Wilson	8.50	
19/11/77	Shot Put	W35	Margaret Goymer	6.60	
4/10/86	Shot Put	4kg W35	Barbara Wilson	7.09	
29/11/86	Shot Put	4kg W35	Barbara Wilson	7.29	
10/01/87	Shot Put	4kg W35	Barbara Wilson	7.42	
1986/87	Shot Put	4kg W35	Barbara Wilson	7.60	
5/03/88	Shot Put	4kg W35	Barbara Wilson	8.06	
19/11/77	Shot Put	W40	Dot Anderson	8.15	
26/11/77	Shot Put	W40	Dot Anderson	8.25	
1978/79	Shot Put	W40	Dot Anderson	8.96	
4/01/92	Shot Put	W40	Barbara Wilson	7.56	????
15/10/77	Shot Put	W45	Nancye Johnston	4.60	
1978/79	Shot Put	W45	Nancye Johnston	5.12	
25/11/89	Shot Put	W45	Merrall Smith	5.38	
20/01/90	Shot Put	W45	Merrall Smith	5.67	
22/12/98	Shot Put	W45	Barbara Wilson	6.82	
25/01/01	Shot Put	W45	Barbara Wilson	7.02	
14/03/12	Shot Put	W45	Diane Evers	7.06	
1986/87	Shot Put	W50	Alma Macaulay	4.72	
28/11/87	Shot Put	W50	Dot Anderson	8.43	
28/11/87	Shot Put	W50	Dot Anderson	8.63	
20/01/90	Shot Put	W55	Dot Anderson	8.26	
7/02/07	Shot Put	W55	Barbara Wilson	8.64	
23/02/11	Shot Put	W60	Carey Dickason	5.46	
26/10/11	Shot Put	W60	Barbara Wilson	6.89	
1/02/12	Shot Put	W60	Barbara Wilson	6.89	
22/02/12	Shot Put	W60	Barbara Wilson	6.97	
14/11/12	Shot Put	W60	Barbara Wilson	7.12	
6/03/13	Shot Put	W60	Barbara Wilson	7.28	Unofficial
28/10/09	Shot Put	W65	Kath Hannig	3.42	
9/12/09	Shot Put	W65	Brenda Painter	5.91	
17/11/16	Shot Put	W65	Barbara Wilson	7.11	
8/11/17	Shot Put	W65	Barbara Wilson	7.26	
7/01/15	Shot Put	W70	Brenda Painter	5.43	
22/02/17	Shot Put	W70	Brenda Painter	5.47	
9/12/17	Shot Put	W70	Brenda Painter	5.59	
26/10/91	Discus	1kg U14	Jennifer Smith	21.51	
22/10/77	Discus	1kg U16	Sandra McKimm	35.05	
10/12/77	Discus	1kg U16	Sandra McKimm	36.45	

Albany Athletics Club

Women's Records

Date	Event	Group	Name	Time	Where
1978/79	Discus	1kg U18	L Gittins	37.17	
1978/79	Discus	1kg WOpen	K Heatley	20.40	
1983/84	Discus	1kg WOpen	Linda Noble	22.10	
1983/84	Discus	1kg WOpen	Linda Noble	23.68	
24/11/79	Discus	1kg W30	Pam Keen	15.55	
16/02/80	Discus	1kg W30	Pam Keen	16.75	
22/03/80	Discus	1kg W30	Pam Keen	16.80	
1982/83	Discus	1kg W30	Jenny Dul	16.89	
1984/85	Discus	1kg W30	Barbara Wilson	18.76	
11/10/86	Discus	1kg W30	Linda Noble	19.30	
22/11/86	Discus	1kg W30	Linda Noble	21.97	
9/01/88	Discus	1kg W30	Pauline Dawson	22.95	
20/02/88	Discus	1kg W30	Linda Noble	24.45	
27/02/88	Discus	1kg W30	Linda Noble	24.70	
29/10/77	Discus	1kg W35	Margaret Goymer	19.30	
24/10/87	Discus	1kg W35	Barbara Wilson	20.05	
20/02/88	Discus	1kg W35	Barbara Wilson	20.55	
16/11/91	Discus	1kg W35	Linda Noble	21.08	
7/03/92	Discus	1kg W35	Linda Noble	21.15	
10/02/96	Discus	1kg W35	Linda Noble	21.44	
17/02/18	Discus	1kg W35	Rebecca Ravenhill	21.73	
3/12/77	Discus	1kg W40	Dot Anderson	19.35	
10/12/77	Discus	1kg W40	Dot Anderson	20.30	
8/02/92	Discus	1kg W40	Barbara Wilson	20.45	
	Discus	1kg W40		21.85	
30/03/96	Discus	1kg W40	Barbara Wilson	23.02	
1978/79	Discus	1kg W45	Nancye Johnston	14.05	
11/11/89	Discus	1kg W45	Merrall Smith	14.05	
9/02/99	Discus	1kg W45	Barbara Wilson	16.49	
16/12/09	Discus	1kg W45	Lorna England	18.22	
1986/87	Discus	1kg W50	Alma Macaulay	9.95	
5/12/87	Discus	1kg W50	Dot Anderson	15.10	
23/01/88	Discus	1kg W50	Dot Anderson	15.31	
27/10/88	Discus	1kg W50	Dot Anderson	16.40	
19/01/02	Discus	1kg W50	Barbara Wilson	17.49	
	Discus	1kg W50		20.35	
19/03/02	Discus	1kg W50	Barbara Wilson	20.51	
10/11/04	Discus	1kg W50	Barbara Wilson	21.06	
6/01/90	Discus	1kg W55	Dot Anderson	15.43	
24/02/90	Discus	1kg W55	Dot Anderson	17.82	
28/03/07	Discus	1kg W55	Barbara Wilson	19.26	
11/02/09	Discus	1kg W55	Barbara Wilson	20.26	
30/03/11	Discus	1kg W60	Carey Dickason	15.24	
9/11/11	Discus	1kg W60	Barbara Wilson	16.35	
4/01/12	Discus	1kg W60	Barbara Wilson	16.78	
6/02/13	Discus	1kg W60	Barbara Wilson	18.69	
11/11/09	Discus	1kg W65	Kath Hannig	10.20	
25/11/09	Discus	1kg W65	Brenda Painter	12.76	
7/03/12	Discus	1kg W65	Brenda Painter	12.85	
1/12/16	Discus	1kg W65	Barbara Wilson	16.26	
16/01/18	Discus	1kg W65	Barbara Wilson	16.45	
21/01/15	Discus	1kg W70	Brenda Painter	9.90	
11/02/15	Discus	1kg W70	Brenda Painter	10.05	

Albany Athletics Club

Women's Records						
Date	Event	Group	Name	Time	Where	
	4/11/15 Discus	1kg	W70	Brenda Painter	10.44	
	9/12/17 Discus	1kg	W70	Brenda Painter	10.51	
	19/11/83 Javelin		WU14	K Walsh	10.50	
	14/12/91 Javelin	600g	WU14	Jennifer Smith	18.62	
	14/03/92 Javelin	600g	WU14	Jennifer Smith	19.62	
	21/11/92 Javelin	600g	WU14	Jennifer Smith	20.54	
1978/79	Javelin	500g	U16	A Gittins	28.35	
	10/03/90 Javelin	600g	U16	Marcia Lomas	10.64	
	14/12/91 Javelin	600g	U16	Kristy Howlett	24.83	
1978/79	Javelin	600g	U18	A Gittins	32.55	
1978/79	Javelin	600g	WOpen	M Stawell	15.31	
	31/01/81 Javelin	600g	WOpen	Pauline Dawson	17.60	
1980/81	Javelin	600g	WOpen	Pauline Dawson	17.75	
1980/81	Javelin	600g	WOpen	Lorraine Luscombe	17.75	
	27/11/82 Javelin	600g	WOpen	Carol Coombe	19.53	
1978/79	Javelin	600g	W30	M Stawell	15.31	
	19/11/83 Javelin	600g	W30	Lorraine Luscombe	16.12	
	7/01/84 Javelin	600g	W30	Lorraine Luscombe	16.50	
1984/85	Javelin	600g	W30	Barbara Wilson	18.06	
1986/87	Javelin	600g	W30	Pauline Dawson	20.83	
	25/10/86 Javelin	600g	W30	Pauline Dawson	20.92	
	21/02/87 Javelin	600g	W30	Pauline Dawson	22.39	
	7/03/87 Javelin		W30	Pauline Dawson	22.58	
	22/02/88 Javelin		W30	Pauline Dawson	22.65	
	27/02/88 Javelin		W30	Pauline Dawson	22.80	
	19/11/88 Javelin		W30	Pauline Dawson	22.85	
1981/82	Javelin		W35	J Biddulph	11.70	
	25/10/86 Javelin		W35	Barbara Wilson	18.46	
	10/01/87 Javelin		W35	Barbara Wilson	20.56	
	24/10/87 Javelin		W35	Barbara Wilson	21.24	
	3/11/90 Javelin		W35	Pauline Dawson	22.90	
	18/01/92 Javelin		W35	Pauline Dawson	22.96	
	14/03/92 Javelin		W35	Pauline Dawson	22.97	
	10/10/92 Javelin	600g	W35	Pauline Dawson	24.40	
	8/12/79 Javelin		W40	Margaret Farley	16.00	
	27/11/82 Javelin		W40	Sheila Chapman	19.50	
	14/12/91 Javelin		W40	Barbara Wilson	19.92	
	20/02/93 Javelin	600g	W40	Barbara Wilson	20.02	
	26/11/94 Javelin	600g	W40	Barbara Wilson	20.60	
	21/10/95 Javelin	600g	W40	Pauline Dawson	21.64	
	11/11/95 Javelin	600g	W40	Pauline Dawson	21.85	
	9/12/95 Javelin	600g	W40	Pauline Dawson	22.35	
	13/01/96 Javelin	600g	W40	Pauline Dawson	23.50	
1978/79	Javelin	600g	W45	Nancye Johnston	11.30	
	28/10/89 Javelin	600g	W45	Merrall Smith	13.30	
	15/12/98 Javelin	600g	W45	Barbara Wilson	18.35	
	15/02/00 Javelin	600g	W45	Barbara Wilson	18.45	
	7/03/00 Javelin	600g	W45	Barbara Wilson	18.74	
	16/11/00 Javelin	600g	W45	Barbara Wilson	19.02	
1986/87	Javelin		W50	Alma Macaulay	11.55	
	18/11/89 Javelin		W50	Dot Anderson	13.88	
	12/01/02 Javelin	400g	W50	Barbara Wilson	15.52	
	2/02/02 Javelin	400g	W50	Barbara Wilson	16.85	

Albany Athletics Club

Women's Records

Date	Event	Group	Name	Time	Where
5/03/02	Javelin	400g	W50	Barbara Wilson	19.03
	Javelin	500g	W50		20.21
22/03/06	Javelin	500g	W50	Barbara Wilson	21.03
13/01/90	Javelin	400g	W55	Dot Anderson	16.46
17/02/07	Javelin		W55	Barbara Wilson	18.00
2/01/08	Javelin		W55	Barbara Wilson	18.00
18/03/09	Javelin		W55	Barbara Wilson	18.02
27/01/10	Javelin		W55	Barbara Wilson	18.25
2/03/11	Javelin		W60	Carey Dickason	13.75
23/03/11	Javelin		W60	Carey Dickason	13.80
2/11/11	Javelin		W60	Barbara Wilson	17.13
23/11/11	Javelin		W60	Barbara Wilson	17.59
14/12/11	Javelin		W60	Barbara Wilson	17.84
12/12/12	Javelin		W60	Barbara Wilson	18.43
20/02/13	Javelin		W60	Barbara Wilson	20.38
2/12/09	Javelin		W65	Brenda Painter	12.96
6/01/10	Javelin		W65	Brenda Painter	13.85
17/03/10	Javelin		W65	Brenda Painter	14.55
2/03/11	Javelin		W65	Brenda Painter	16.17 * to be clarified
19/11/14	Javelin	500g	W70	Brenda Painter	10.75
14/01/15	Javelin	500g	W70	Brenda Painter	10.96
25/02/15	Javelin	500g	W70	Brenda Painter	12.48
9/12/15	Javelin	500g	W70	Brenda Painter	13.43
2/12/17	Javelin	500g	W70	Brenda Painter	14.03
3/03/18	Javelin	500g	W70	Brenda Painter	14.27